

# Northside Breakfast Menu February 2024

Breakfast:  
 Grades PK-12 - Free  
 Adult Breakfast - \$3.00

Lunch:  
 Grades PK-12 - Free  
 Adult Lunch - \$5.00

Milk alone is not part of the free meals program. Milk for cold lunch or extra milk is: \$.50  
 Milk choices are white 1% or chocolate skim  
**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Jan 29 - Feb 2</b>	Offering #1 Dutch waffle Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Breakfast Burrito Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Pizza Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Giant Muffin Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Mini Donut Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>Feb 5 - 9</b>	Offering #1 Breakfast Bagel Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Bites Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Brekkie Round Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>Feb 12 - 16</b>	Offering #1 Mini Loaf Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Pancakes Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Giant Muffin Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Taco Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Long John Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>Feb 19 - 23</b>	No School	Offering #1 Poptart-2ct Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Big Bite Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Smoothie w muffin Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Cinnamon Roll Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White
<b>Feb 26- Mar 1</b>	Offering #1 Waffle Offering #2 Cereal Bowl String cheese Assorted Fruit & Juice 1% Chocolate / 1% White	Offering #1 Breakfast Pizza Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Sausage and Cheese Biscuit Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Soft Filled Cinnamon Toast Crunch Bar Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White

This institution is an equal opportunity provider.

# Northside Lunch Menu February 2024

Breakfast:  
 Grades PK-5 \$0  
 Adult Breakfast - \$3.00

Lunch:  
 Grades PK-5 \$0.00  
 Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim  
 Extra milk or milk for cold lunch is \$0.50

**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Jan 29 - Feb 2</b>	BBQ Meatballs Bread Slice Cheesy Hashbrowns Cucumbers Assorted Fruit	Vegetable Chow Mein w/ Chicken strips Spinach Cauliflower Assorted Fruit	Bosco Sticks w/ Marinara cup Red Peppers Steamed Carrots Assorted Fruit	Chicken Fillet on a Bun Steamed Broccoli Radishes Assorted Fruit	Corn Dog Seasoned Chickpeas Variety Veggies Variety Fruits Ketchup cup
<b>Feb 5 - 9</b>	Chicken Nuggets Seasoned Potato cubes Carrots Assorted Fruit BBQ cup Ranch	Pizza Red Peppers Tomatoes Assorted Fruit	Riblet Baked Beans Cucumbers Assorted Fruit BBQ sauce Ketchup	Scalloped Potatoes with Ham Ranch Salad Corn Assorted Fruit F2S Dinner Roll	The Max Cheese filled Breadstick` Marinara cup Carrots Variety Fruits
<b>Feb 12 - 16</b>	Beefy Nachos with cheese sauce and all the fixings tomatoes & Ranch Romaine Assorted Fruit	French Toast Sticks Sausage Patty Potato rounds Cauliflower/ Ranch Assorted Fruit Syrup Cup	Macaroni and Cheese Bread Stick Corn Broccoli Assorted Fruit	Chicken Strips Baked Beans Red Peppers Assorted Fruit BBQ sauce Ketchup	Grilled Cheese Sandwich Cool Ranch Doritos Celery Sticks Chickpeas Side Kick Ranch Cup
<b>Feb 19 - 23</b>	No School	Taco in a Bag With all the fixings or Sliced Bread Cucumbers Red Peppers Assorted Fruit	Hot Dog on a bun Baked Beans Ranch Salad Variety Fruits Ketchup	Beef Stew Biscuit Red Peppers Assorted Fruit Ketchup	Cheese Pizza Veggie Juice Carrot package Variety Fruits
<b>Feb 26- Mar 1</b>	Beef Soft Shell Taco Tomatoes Romaine Assorted Fruit	Chili w/Cheese Fritos Celery Radish Assorted Fruits	Pulled Pork on a Bun Steamed Broccoli Cucumbers Assorted Fruits	Cheese Burger on a Bun Baked Beans Red Peppers Assorted Fruit	Mike Bites Marinara Cup Bagged Carrots Applesauce Cup Ranch Cup

**This institution is an equal opportunity provider.**

Second main entree option every day: PB&J with cheese stick & Cracker

Third main entree option every day: Salad ( Lettuce and choice of toppings on cold bar side along with cheese, ham cubes & crackers)

Additional Vegetables and Fruits are served daily.

# Northside Fresh Fruit & Vegetable Menu

## February 2024

Color of the Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29	30	31	1	2
<b>Jan 29 - Feb 2</b>	Fruit Mix	Variety Apple	Pear	Celery with Ranch	Grapes
	5	6	7	8	9
<b>Feb 5 - 9</b>	Sweet Potato Sticks with Ranch	Clementine	Carrots with Ranch	Orange Smiles	Cantaloupe
	12	13	14	15	16
<b>Feb 12 - 16</b>	Golden Apple	Golden Kiwi	Carrots with Ranch	Banana	Pineapple cubes
	19	20	21	22	23
<b>Feb 19 - 23</b>	No School	Red Apple	Carrots with Ranch	Red Grapes	Watermelon
	26	27	28	29	1
<b>Feb 26- Mar 1</b>	Celery Sticks with Peanut Butter or Sun Butter	Green Apple	Carrots with Ranch	Pear	Honeydew

**Menu Subject To Change based on availability of produce**

# Benson Breakfast 6-12 February Menu 2024

Breakfast:  
 Grades PK-5 Free  
 Grades 6-12 Free  
 Adult Breakfast - \$3.00

Lunch:  
 Grades PK-5 Free  
 Grades 6-12 Free  
 Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim  
 Extra milk or milk for cold lunch is \$0.50

**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Jan 29 - Feb 2</b>	Offering #1 Giant Muffin Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Pancake on Stick Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Waffle Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Donut Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>Feb 5 - 9</b>	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Pizza Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Brkfst Sand Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Breakfast Bites Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Strawberry Bagel Pull apart Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>Feb 12 - 16</b>	Offering #1 Pancake Mini Bites Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Dutch Waffle Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Brkfst Sand Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Parfait Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Long John Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>Feb 19 - 23</b>	No School	Offering #1 Biscuits and Gravy Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Brkfst Sand Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Pizza Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Caramel Roll Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
<b>Feb 26- Mar 1</b>	Offering #1 Giant Muffin Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Pancake on Stick Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bread Slice Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Donut Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White

**This institution is an equal opportunity provider.** The School Nutrition Department is looking to fill a Substitute position with hours / days varying. Please fill out a Non Certified Employment Application which can be found on the school website or calling the Benson District Office. Position open until filled.

# Benson 6-12 School Lunch Menu February 2024

Breakfast:  
 Grades PK-5 Free  
 Grades 6-12 Free  
 Adult Breakfast - \$3.00

Lunch:  
 Grades PK-5 Free  
 Grades 6-12 Free  
 Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim  
 Extra milk or milk for cold lunch is \$0.50  
 Additional Vegetables and Fruits are served daily.

**Menu Subject to Change Without Notice**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Jan 29 - Feb 2</b>	Tater Tot Hotdish with Bread Slice Hot ham and cheese on bun Corn Red Peppers Assorted Fruit	Chili with Cornbread or Pork Patty on a bun Snap Peas Carrots Assorted Fruit	Mike Bites with Marinara cup BBQ Shredded Chicken on a bun Romaine Jicama Sticks Assorted Fruits	General Tso Chicken or Pork Patty on a Bun Wild Rice Blend Side Salad/ Ranch Cauliflower Assorted Fruit	Hot Dog on a Bun or Grilled Chicken Fillet on bun Baked Beans Cherry Tomatoes Assorted Fruit Ketchup
<b>Feb 5 - 9</b>	Popcorn Chicken Mashed Potato Bowl Corn Gravy Biscuit Assorted Fruit <b><u>No hot second option today</u></b>	Philly Beef Sandwich or Pizza Crunchers Red Peppers Peas Assorted Fruit	Chicken Tenders with Bread Slice or Cheese burger on a Bun Baked Beans Cauliflower Assorted Fruit Assorted sauces	Beefy Nachos with cheese sauce Salsa Black Olives Lettuce & Tomatoes Assorted Fruit <b><u>No hot Second Option today</u></b>	Cheese Dunkers or Spicy Chicken Slicer on a bun Marinara Sauce Sweet Potato Sticks Ketchup / Mustard Assorted Fruit
<b>Feb 12 - 16</b>	Chicken Alfredo Sauce with Rotini Noodles or Corn Dog Fresh Broccoli Sweet Potato sticks Assorted Fruit	French Toast Sticks Cheesy Hashbrowns Baby Carrots / Ranch Assorted Fruit Syrup Cup <b><u>No hot second option today</u></b>	Macaroni & Cheese with Bread Stick or Fish Square on bun Salad Bar Side Kick Assorted Fruit	Chicken Nuggets with Bread Slice or Hamburger on a Bun Baked Beans Carrots Assorted Fruit	Bosco Sticks with a Marinara cup or Sub Sandwich Variety Veggies Variety Fruits
<b>Feb 19 - 23</b>	No School	Chicken Fillet on a bun or Pulled Pork on a bun Salad Bar Variety Fruit	Tater Tot Hotdish with Bread slices Pizza Salad Bar Variety Fruit	Shredded BBQ Chicken on a bun or Hamburger on a bun Baked Beans Salad Bar Variety Fruit	Mozzarella Sticks with marinara cup or Grilled Cheese Sandwich Salad Bar Variety Fruit
<b>Feb 26- Mar 1</b>	Breaded Chicken Fillet on a bun or Hot Ham and Cheese on a Bun Salad Bar Variety Fruit	Lasagna Roll Up with a Breadstick or Hamburger on a Bun Salad Bar Variety Fruit	Hotdog on a bun or Pizza Baked Beans Salad Bar Variety Fruit	General Tso Chicken or Cooks Choice on a Bun Wild Rice Blend Side Salad/ Ranch Cauliflower Assorted Fruit	French Bread Pizza or Pretzel Sticks w/ Cheese cup Salad Bar Assorted Fruits

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Peanut Butter and Jelly is always the 3rd option

**All meals include choice of white or chocolate milk**