

October HS Breakfast 6-12 School Menu 2024

Breakfast:
 Grades PK-12 - Free
 Adult Breakfast - \$3.00

Lunch:
 Grades PK-12 - Free
 Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim

Menu Subject to Change Without Notice

	Monday	Tuesday	Wednesday	Thursday	Friday
October 7-11	Offering #1 Bkfst Pizza Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Fr Tst Sticks Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Biscuit/ Gravy Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Dutch Waffle Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
October 14-18	Offering #1 Pancakes Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Soft Cinn Bar Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	MEA	MEA	MEA
October 21-25	Offering #1 Pancake Stick Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Muffins Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Parfait Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Mini Donuts Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White
October 28- November 1	Offering #1 Brkfst Bites Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Fr Tst Sticks Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Bkfst Sandwich Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Biscuit/ Gravy Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White	Offering #1 Cinnamon Roll Offering #2 Cereal Bowl String cheese Assorted Fruit Assorted Juice 1% Chocolate / 1% White

This institution is an equal opportunity provider.

6-12 High School Lunch Menu October 2024

Breakfast:

Grades PK-12 - Free

Adult Breakfast - \$3.00

Lunch:

Grades PK-12 - Free

Adult Lunch - \$5.00

Milk choices are white 1% or chocolate skim

Menu Subject to Change Without Notice

	Monday	Tuesday	Wednesday	Thursday	Friday
October 7-11	Corn Dog or Fish Square on a bun Baked Beans Cherry Tomatoes Assorted Fruit Ketchup	Chicken Fillet on a Bun Green Beans Baby Carrots Assorted Fruit	Taco in a Bag Salsa Lettuce & Tomatoes Assorted Fruit Variety Fruit	Chicken Tenders Corn Sun Chip Cauliflower Assorted Fruit	Pizza Caesar Salad Cauliflower & Ranch Assorted Fruit
October 14-18	General Tso Chicken or Wild Rice Blend Side Salad/ Ranch Assorted Fruit	Max Sticks Marinara Cup Broccoli Tomatoes Assorted Fruit	<u>MEA</u>	MEA	MEA
October 21-25	Chicken Nuggets Baked Beans Romaine Dinner Roll Assorted Fruit	Cheese Dunkers Marinara Sauce Side Salad & Ranch Ketchup / Mustard Assorted Fruit	Chicken Alfredo with Rotini Noodles Broccoli Caesar Salad Bread Stick Assorted Fruit	French Toast Sticks Cheesy Hashbrowns Baby Carrots / Ranch Assorted Fruit Syrup Cup	Taco Stick Salsa Cup Broccoli Buds Cucumbers /Ranch Assorted Fruit Sour Cream Packet
October 28- November 1	Cheese Burger on a Bun Seasoned Potato Cubes Snap Peas & Ranch Assorted Fruit	Pizza Corn Red Pepper Sticks Assorted Fruit	Riblet or Hotdog on a bun Baked Beans Red Pepper Sticks Assorted Fruit	Beefy Nachos with cheese sauce Salsa Lettuce & Tomatoes Assorted Fruit	Boneless chicken drummies With sauce cup Chips Fresh Broccoli Cauliflower & Ranch Assorted Fruit

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The School Nutrition Department is looking for a sub position at both schools. Please fill out a Non Certified Employment Application which can be found on the school website or calling the Benson District Office. Position open until filled.