

Benson Public schools

Benson Community Education and District Newsletter Summer 2023 Volume 30 Issue 4



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High School

1400 Montana Avenue Benson, MN 56215 320-843-2710 (ph) 320-843-2262 (f)



Northside Elementary

1800 W Nevada Ave Benson, MN 56215 320-842-2717 (ph) 320-843-5300 (f)

Benson Community Education



Community Education

1400 Montana Ave Benson, MN 56215 320-843-4545 (ph) 320-843-2262 (f)

Summer Food Service

The Summer Food Service Program is back this summer for Benson Schools!

- All meals will be free to any child aged 0-18 years old.
- Children must come to the site to eat, parents cannot pick up meals to take home for their children to eat.
- There will be NO mobile site.

We will be offering breakfast and lunch at 2 sites. Both sites will be serving hot meals. Please note: **There will be NO meal service on the 4th of July.**

Northside Elementary: May 30 through August 25

- Breakfast from 7:30 8:30 a.m.
- Lunch from 11:00 a.m. 12:00 p.m.

High School: June 1 through August 4

- Breakfast from 7:30 9:00 a.m.
- Lunch from 11:15 a.m. 12:15 p.m.

Menus can be found in the Northside Elementary and High School Cafeterias. They will also be posted on the Benson Schools' website: benson.k12.mn.us by the end of May.

More information will be available on the school website and flyers will be sent home with students with updated information and menus at the end of the year.

For more information, contact: Connie Evenson, Food Service Director (320) 842-2702 cevenson@benson.k12.mn.us





04.27.2023 TO Students 04.27.2023 TO Students Duttons



From Branson to Benson Reserved Tickets on Sale Now!

Benson Performing Arts Center / 1400 Montana Ave / Benson, MN 320-843-4545 or vancoevents.com/BSKR



District #777 Board Of Education

Brian Samuelson, Chair Gary Williams, Vice-Chair Bill McGeary, Treasurer Mary KW Langan, Clerk Jim Berens, Director Paul Carruth, Director Eric Peterson, Director



District Staff

Dennis Laumeyer, Superintendent Mike Knutson, 6-12 Principal Brennan Kent, PreK-5 Principal Matthew Ebnet, Activities Director Connie Evenson, Food Service Director Al Pagel, Transportation Supervisor

Community Education Advisory Council

Matthew Anderson
Sarah Jaeger
Lucas Olson
Sonja Schwiderski
Joy Zehringer
Paul Carruth, School Board
Leah Olson, youth rep

Erin Honebrink Laurie O'Leary Laura Ostlie Kerry Wilcox

Lily Ostlie, youth rep

Community Education Staff

Shelly Vergin, Community Education Director Aryn Lindahl, Secretary Chrysees Forbord, Early Childhood Coordinator Carissa McDonald, Discovery Kids Director





Math Masters began in 1989 as a fifth-grade math competition and has grown to include grades 4-6 in Minnesota and Wisconsin. It is designed to promote excellence in critical thinking skills and problem-solving abilities as well as to provide recognition to students for academic effort and achievement. Benson's Math Masters program is coached by Kim Ulland, 5th grade teacher at Northside Elementary.

Benson's 5th grade Math Masters

In early January, all fifth graders at Northside took a selection test to see who would be invited to be in an after-school Math Masters group with Kim Ulland. Based on scores, 13 students began meeting on Thursdays until 4:00. After 8 weeks

of individual round word problem packets of homework, timed order of operation fact drills, and collaborative team problem solving, the group took a second selection test that required a tie-breaker to pare the group down to 5.

Based on this test, Valentina Calderas, Chase Christenson, Easton Goff, Nay Hla, William Moe, Brody O'Leary, Mya Ollendick, and Piper Stevenson are done with Math Masters for the year.

The 5 who will continue practicing to represent Benson in a regional Math Masters competition in Alexandria on Friday, April 21, are Abraham Flores, Ingrid Hafvenstein, Tyler Hood, Jameson Klucas, and Nolan Smith.



L to R: Nolan Smith, Tyler Hood, Abraham Flores, Jameson Klucas, Ingrid Hafvenstein

Benson's 6th grade Math Masters

Starting on November 15 Isaiah Espinoza, Izzy Evenson, Brooks Groinus, John Hafvenstein, Cian Klucas, Jacob Schliep, Cora Svingen, and Sam Svingen met after school once a week with their advisor Kim Ulland to solve math problems. Circumstance

and necessity pared the group down to Espinoza, Evenson, Groinus, Hafvenstein, and Schliep who continued practicing together up until they represented Benson on March 3rd at a regional Math Masters Challenge at Osakis Public Schools.

There, students competed in a 5-minute fact drill consisting of 75 order of operation problems. Brooks placed second and earned a medal. The students next competed in four 10-minute individual rounds to solve a variety of challenging word problems. Three members of the team earned ribbons. John took 7th place, Brooks 8th, and Isaiah 20th. To round out the competition, the group worked together on three 15-minute team rounds. A complicated scoring procedure ensued, and the team took 6th place overall.



L to R: Jacob Schliep, Izzy Evenson, Isaiah Espinoza, John Hafvenstein, Brooks Groinus



Elementary Field Days

A great way to end the school year is with the annual Field Day celebrations.

Tuesday, May 16

3rd Grade from 8:30 - 9:30 a.m. 4th Grade from 9:45 - 10:45 a.m. 5th Grade from 1:00 - 2:00 p.m.

Wednesday, May 17

1st Grade from 9:00 - 10:00 a.m. 2nd Grade from 1:00 - 2:00 p.m.



Kindergarten Program & Graduation

Kindergarten Program & Graduation is scheduled in the Performing Arts Center at 1:30 p.m. on Friday, May 12.

The public is invited to watch live via the Benson Activities YouTube page. A link can be found on the school's activities calendar.

4th and 5th Grade Music Program

Will be held in the Performing Arts Center at 1:30 p.m. on Thursday, May 4.

The public is invited to watch live via the Benson Activities YouTube page. A link can be found on the school's activities calendar.

Last day of school May 25!

School Starts Aug. 28 (1-12) & 30 (K)

ACT Test to be administered in Benson Saturday, June 10

Benson High School will be administering the National ACT College Entrance Exam on **Saturday, June 10**. Juniors and Seniors needing to take this test should register online at www.actstudent.org.

The registration deadline is Friday, May 5. Juniors, please make sure to stop by the Counselor's Office if you have any questions about the ACT Test.



Activities & Athletics

Fall Activities Registration

Fall activities and sports registration will take place in early August in the high school cafeteria.

Please check your email in July for more information.

Sports Physicals

Sports physicals are needed in order to participate in any sport activity. New physicals will need to be scheduled for athletes who will be in **7th** and **10th grade** in the fall. If you are unsure if your child needs a physical, please contact your physician.

Athletes cannot participate in practice until their physical has been completed. The Activities Office recommends having your physicals between June 5 and August 1.

Steve Ricard Inducted to Minnesota Wrestling Coaches Association Hall of Fame

Steve Ricard, Benson High School Social Studies Teacher and former head coach will be inducted into the MWCA David Bartelma Wrestling Hall of Fame on Saturday, April 29 at McKinney's in Benson.

Steve graduated from Fertile-Beltrami High School

where he was active in football, wrestling, band, choir and student council. In wrestling, he was a two-time Sub-Sectional Champ and a two-time Conference Champion. His career record over two years on varsity was 61-7. He was part of two Region 8 Champion teams, placed 3rd at 185 lbs as a junior and was a state entrant his senior year at 167 lbs.



Steve attended Moorhead State where he wrestled at the collegiate level. He was the 167 lb Northern Intercollegiate Conference title his senior year, was a four-time NAIA national qualifier, as well as a two-time NAIA Academic All-American.

After college, Steve served as an assistant wrestling coach at Dilworth-Glyndon-Felton for a year before taking a teaching and coaching position in Benson. For five years, Steve served as an assistant coach to Gary Williams before taking on the head coach position, which he held for 11 years. He has also served as a youth coach and freestyle coach.

Steve coached for 30 years. Upon completing his coaching career, he picked up a whistle for folkstyle wrestling. He officiates freestyle, Greco-Roman wrestling as well as many local, state, regional and national tournaments.

NOTES FOR THE SENIOR CLASS OF 2023

Class Colors: Sage Green and White

Class Flower: Daisy

Class Motto: "Get Out of My Office!"-Manzke

Class Song: "Good Old Days" - Macklemore and Kesha

MONITOR NEWS QUESTIONNAIRE was emailed to students and parents. Copies of the questionnaire are available in the 6-12 office. These should be dropped off at the 6-12 office or the Monitor News with a senior picture by Friday, May 12.

SCHOLARSHIP & AWARDS CEREMONY will be held on **Monday, May 15** at **7:00 p.m.** in the Performing Arts Center. Seniors and their parents are invited to attend as numerous financial scholarships will be announced and additional senior honors will be recognized.

LAST DAY FOR SENIORS (in good standing) is Wednesday, May 17.

BACCALAUREATE SERVICE will be held on Wednesday, May 17 at 7:00 p.m. at the Assembly of God Church.

<u>SENIOR LOCKER CLEAN OUT</u> is during connect time on Wednesday, May 17.

<u>GRADUATION PRACTICE</u> is **Friday, May 19** at **10:30 a.m.** in the PAC. Attendance is required.

<u>COMMENCEMENT</u> will be **Sunday, May 21.** It will be held in the PAC and will begin promptly at 2:00 p.m.

GRADUATION CAP, GOWN AND TASSELS *cannot* be altered in any way for the graduation ceremony. *(No bling)*

REPORT CARDS for seniors will be printed upon parent request after **Friday**, **June 5**.

<u>FINAL TRANSCRIPTS</u> will be sent to the college of your choice as noted in the 6-12 office.

Seniors - Class of 2024

As you start planning your senior picture sessions, please take these senior portrait guidelines into consideration.

- 1. JPEG (.jpg) digital image format is required. 300 DPI or higher for actual size of photo. (high resolution image files are better for printing purposes)
- 2. All pictures must be submitted in full color (no sepia or black-and-white)
- 3. Pictures need to be vertical and head and shoulder only format. Please no full body or partial body poses
- 4. Have your photographer leave enough space around your face to allow for the yearbook staff to feature you at your best within the design.
- 5. Note: pictures with "soft focus" appear blurred upon reproduction.
- 6. Appropriate attire only will be accepted (school dress code and policies apply)...no hats, pets, or other accessories/props.
- 7. The yearbook staff has the right to request a different photograph if the above guidelines are not met.
- 8. Photographs should be emailed by December 1 to: yearbook@benson.k12.mn.us

Ink Cartridge Recycling

The Benson BPA chapter will NOT be accepting used ink cartridges until further notice.



Get Connected with Benson Public Schools!

- Monthly article in Monitor-News
- KSCR Radio (fm 93.5)
- District Newsletter

Website

www.benson.k12.mn.us https://www.vancoevents.com/us/ eventlist/bensonpublicschools



Facebook Pages

Find us, Like us at facebook.com/
BensonPublicSchools777
BensonChoir
BensonCommunityEducation
Discovery-Kids
bensonschoolreadiness
Benson-Baseball-Association
Benson-Braves-Wrestling
Benson-KMS-Area-Gymnastics
bensonsoftball

Twitter Pages

Follow Us at
(district) @BensonBraves777
(activities) @BensonBraves
(BPA) @BensonMN_BPA
(FFA) @Benson_FFA
(football) @BensonFootball
(tennis) @BKMS_tennis
(volleyball) @BravesVball
(superintendent) @Dlau5



Community News

BENSON PUBLIC LIBRARY Find Your Voice June 1 - July 31, 2023

Participants will receive a reading log when registering. Color in a circle on the log for every 20 minutes of reading or color in a circle by completing one of the suggestions provided on the reading log each week. Bring in a completed log to earn a prize. You may receive additional logs throughout the summer. Every log you complete during the program will earn a prize. Each completed log will also earn a chance for your name to be placed in the end of the program drawing.

The program will also offer opportunities for participants to attend weekly activities at the library or receive free Take & Make craft kits.

Please contact the Benson Public Library at 320-842-7981 with questions or stop by the library to register.

Upcoming Programs:

June 6 at 10:30 a.m. at Benson High School Gym Summer Reading Program Kick-off and the Homeward Bound Theatre presents "DonB: Reading is FUNdamental" (Unicycle Tricks)

July 12 at 11:00 a.m. at Roosevelt Park (Tentative) CLIMB Theatre presents "The Ant & the Grasshopper" (A mini-play that supports literacy and reading readiness.)

August 1 at 6:30 p.m. at Roosevelt Park

End of Program Celebration with an Outdoor Concert: The Pearson Players (Find Your Voice through Music)

PRAIRIE FIVE RIDES SUMMER YOUTH RATE

Prairie Five Rides will be offering transportation services to Community Education activities for the summer.

Summer Rec Registration Forms must be filled out for all kids that will be riding the Prairie Five Rides Bus.

Forms will be available beginning May 1:

- on line at: prairiefive.com (transportation tab)
- by mail (call 877-757-4337)
- by email at: rides@prairiefive.org

Ride costs are:

- Unlimited Youth Pass: June 1-Aug. 25; \$40.00
- Youth Punch Card: 25 rides; \$25.00
- Monthly Pass: Unlimited rides (i.e. June 1-30); \$35.00
- Single rides: \$2.00 per ride

All additional ride requests and cancellations must be made by calling dispatch at 877-757-4337.

2nd Slide by 2025 Campaign

The 2nd Slide by 2025 Committee is kicking off its campaign to update the Benson Family Aquatic Center by adding a second flume slide. In 2004 when the pool was built, the equipment for two flume slides was installed, but only one slide was completed. After eighteen years, our goal is to raise funds to complete the installation of the 2nd slide. The cost for the second slide is approximately \$150,000 and our time-line is as follows:

- 1. Raise half the funds (\$75,000) by the summer of 2023.
- 2. Raise the remaining balance by the summer of 2024.
- Install the second slide in the fall of 2024.
- 4. Enjoy the second slide on opening day 2025!

Our swimming pool is a huge asset that brings in hundreds of families to the area and will continue to serve our community for generations to come. Swimming promotes family time, exercise, mastering life-saving and lifelong skills, and recreational fun.

Donations can be payable to the City of Benson, and mailed to:

City of Benson 1410 Kansas Avenue Benson, MN 56215

Benson Family Aquatic Center

2nd Slide
by 2025

THANK YOU for your support! Please

reach out to a committee member with any questions. Members include: Amanda Carruth, Emily Foslien, Elizabeth Koehl, Julie Loen and Shelly Mikkelson.

Help Keep Benson Moving Forward

The Benson Baseball Association is accepting donations to help fund a new concession stand with a handicap accessible bathroom by Chief's Field.

The old concession stand never had running water.

The area around the grandstand will also be updated with cement to give it a fresh new look.

Checks can be made payable to "Benson Baseball Association" and mailed to:

Benson Baseball 1400 Montana Ave Benson, MN 56215



Pre-registration is required for all classes. Participants must be registered and fees paid prior to the first class or activity.

4 Easy Ways To Register

- **1. Secured Online Site**: Register online at: https://benson.revtrak.net/
- 2. Mail: Send registration and payment to:
 Benson Community Education
 1400 Montana Avenue
 Benson, MN 56215
- **3. Phone**: Call 843-4545 to register using a credit card. No phone registrations will be complete until payment is received.
- **4. In Person:** Bring payment to the Benson Community Education office located in the Benson High School.

Register early. Many classes depend on minimum enrollment. Classes may be canceled if a minimum enrollment is not met.

Confirmation email will be sent if you have an email address in your profile. No class reminders are mailed out. Once registered, simply show up for the class and enjoy.

Inclement Weather and School Closings may affect your class. If Benson Public Schools classes and activities are canceled, Community Education classes and activities may be canceled as well. Tune in to KSCR 93.5 for notifications or cancellations. You may also call the office at 843-4545 for updated information.

Complete Refunds will be given if the activity is canceled due to insufficient enrollment. Refunds will be issued at Community Education's discretion for cancellations made less than a week before start date, due to special circumstances.

Scholarships may be available for certain classes. Certain "Camps" and Driver's Education are not eligible for scholarships.

Benson Community Education Office Hours: Monday-Friday 8:00 a.m. - 4:00 p.m.

Summer Registration

Use <u>GRADE ENTERING</u> in the fall of 2023 when registering unless it is otherwise noted.

Classes with unlimited registrations are open now. Classes will limited availability will open at **4:00 p.m.** on **Thursday, May 4.**



- All Summer Recreation and Community Education class registrations are available online with payment options of credit or debit card.
- The Community Ed office will be open until **5:00 p.m.** on **Thursday, May 4** if you need assistance. If you wish to pay with cash or check, you may register in the office.
- Classes you add to your "cart" at home cannot be paid for in the office. If you wish to pay in the office, we must add the classes to your "cart".
- Registrations taken over the phone will be held for 3 days without payment. If payment is not received in 3 days, the registration will be canceled allowing wait list families to take that spot.
- If classes are full when registering, please add yourself to the waiting list. We will do our best to get all wait list students into classes.
- Benson Community Education, School District #777, or the City of Benson is not responsible for providing health or hospital insurance.

Pre-Registration is necessary for all classes.

Use GRADE ENTERING in Fall of 2023.

Fees for classes will not be prorated due to late registration!

** Registering on-line is your permission to have your child participate in the Summer Recreation Program and any Community Education activity. There will not be a separate permission form. This permission includes: Any participant who chooses to take part in any program or activity sponsored, solely or jointly, does so at their own risk. We are not responsible for providing health or hospital insurance. You are giving permission for your child to participate in the activity registered for. You further release the school, the City of Benson, the Activity Director, and Community Education personnel from any liability in the event of an accident.



Football

Youth Football Camp; Gr. 1-6 (Fall '23)

Whether your football player is an experienced player or just trying football for the first time, this camp is for them!

By working with our football coaches and varsity players, participants will learn the game and how to maximize their potential as football players!



Monday-Thursday (4 sessions)
July 10 - 13

Grades 1-3: 8:00 - 9:00 a.m. Grades 4-6: 9:00 - 10:00 a.m.

Lorenz Field - JH FB Fields Cost \$30; includes t-shirt Instructor: Brady Dokkebakken

JH/Varsity Football Camps; Gr. 7-12 (Fall '23)

Get a jump start on the football season with our summer football camp. Take this opportunity to work on skills, techniques and physical attributes that will improve your football playing ability.

Monday - Thursday

Grades 7-8 Grades 9-12
4 sessions 8 sessions
July 17-20 July 17-20 & 24-27
6:30 - 8:00 a.m.
Cost \$25 Cost \$50

includes t-shirt Lorenz Field - JH FB Fields Instructor: Brady Dokkebakken

Offense/Defense Position Camps; Gr. 9-12

These camps are a great opportunity for our football players to get in front of some great football players and coaches.

This will allow our athletes a chance to work on their specific positional skills with coaches that have played the game at a high level.

Offense: July 21
6:30 - 8:00 a.m.

Lorenz Field - JH FB Fields
Cost \$15
Instructor: Brady Dokkebakken

Workout Club

Braves Youth Workout Club; Gr. 1-6 (Fall '23)

All youth athletes are welcome! Athletes will meet one night a month (June, July, August) to set a workout plan with Coach Dokkebakken. He will work with the students how to exercise safely and effectively.

The athletes will then receive monthly challenges and will report back throughout the summer. Dates and times will be firmed up once registration is complete.

June 5, July 10 and August 7

Aux Gym / Weigh Room
Cost FREE but pre-registration is required
includes t-shirt

Instructor: Brady Dokkebakken



Speed & Strength; Gr. 7-12 (Fall '23)

This program is provided exclusively to BHS students as an opportunity for athletes to become better athletes during the summer. This is a program tailored to athletes' specific needs and demands of their sport. Consistent programs with workouts 4 days a week, one hour sessions.

Program will focus on becoming faster, stronger, and more explosive athletes.

Participants will get out exactly what they put in!

June 5 - July 27 Mondays-Thursdays *will not meet July 3-7* 6:30 - 8:00 a.m. OR 8:00 - 9:30 a.m. Cost: \$80

shirts included for consistent participants
Aux Gym & Weight Room
Instructor: Brady Dokkebakken

Please pick your child up ON TIME from all activities!

Our supervisor's, instructor's and volunteer's time is important and they can't leave until all kids have been picked up. Tardiness may result in a discontinuation of your child's ability to participate in activities.

Registration information for ALL programs

Pre-registration is necessary for nearly all of our activities and classes at least 3 days prior to the start of the class or activity. Registration is complete only after the fee has been received in the Community Education office.

A full refund will be made if you contact the Community Education Office prior to the registration deadline or first day of class. Fees are not refundable any time after.

Gymnastics

Somersaults: Beginner Coed; Gr. K (Fall of '23)

This camp is designed for kids entering Kindergarten in the fall of 2023. Participants will work on gymnastics skills. Increasing strength, balance, flexibility, and coordination will also be emphasized.

Tuesdays; June 6-June 27 (4 sessions) 8:15 - 9:00 a.m. \$36: Class limit of 18

Tiny Tumblers: Beginner Coed; Gr. 1-2 (Fall of '23)

This camp is designed for the beginner level gymnasts in 1st and 2nd grade in the fall of 2023. Participants will work on gymnastics skills on the bars, beam, floor, and vault. Increasing strength, balance, flexibility, and coordination will also be emphasized.

Tuesdays; June 6-June 27 (4 sessions)
OR
Thursdays; June 8-June 29 (4 sessions)
9:00 - 10:00 a.m.
\$40; Class limit of 15

Twisters: Beginner Coed; Gr. 3-6 (Fall of '23)

This camp is designed for beginner level gymnasts in Grades 3-6 in the fall of 2023. Emphasis will be placed on mastering a kick over and then learning front and back walkovers. In addition, participants will work on gymnastics skills on the bars, beam, vault, and floor. Increasing strength, flexibility, and coordination will also be emphasized.

Tuesdays & Thursdays ; June 6-June 29 (8 sessions) 11:00 a.m. - 12:00 p.m. \$75; Class limit of 18

Gymnastics Camp Reminders:

- * All camps held in the Benson Activities Center.
- * Please send your child in stretchy clothes that do not have snaps, buttons, or zippers.
- *Please have long hair tied up in a ponytail or braid.

*Parent/Guardians should drop off and pick up participants at the main door of the BAC. A viewing day will be held on the last day of camp for participants to show off their skills. It is beneficial for all participants if gymnasts are placed in classes that fit their ability. If you are unsure of what class would be most appropriate for your child, please contact Kathy Ahrndt at kahrndt@benson.k12.mn.us

Flippers: Intermediate Level; Gr. 2-6 (Fall of '23)

This class is designed for the gymnast who can do back walkovers or kick over from bridge position with NO assistance. The class will emphasize learning back handsprings with proper body shape along with skills on the bars, beam, and vault. Increasing strength, balance, flexibility, and conditioning will also be emphasized.

Tuesdays & Thursdays; June 6-June 29 (8 sessions) 10:00 - 11:00 a.m. \$75; Class limit of 18

Aerials: Advanced Level; Gr. 2-6 (Fall of '23)

This class is designed for gymnasts who can do round-off, back handsprings with little or no assistance. Skills and combinations required for competitive gymnastics will be emphasized on the bars, beam, floor, vault. Increasing strength, balance, flexibility, and conditioning will also be emphasized.

Mondays & Wednesdays; June 5-June 28 (8 sessions)
11:00 a.m. - 12:30 p.m.
\$90; Class limit of 15

High School: Grades 7-12 (Fall of '23)

This class is designed for gymnasts who are planning on competing next season for the Benson-KMS high school team. Skills and combinations for routines will be emphasized along with strength and conditioning.

Mondays & Wednesdays; June 5-June 28 (8 sessions) 9:00 - 11:00 a.m.

\$90; Open Gyms will be added in July free of charge

<u>Preschool class opportunities will be</u> <u>offered again in the fall.</u>



Basketball



Boys & Girls Grades 1-6 (Fall '23) Tuesday-Friday May 30-June 2 (4 sessions)

Players will receive individual and group instruction on basketball fundamentals, and they will have the opportunity to compete in individual and team contests.

The overall goal is to provide a unique and positive experience for each camper, while giving each individual an excellent opportunity to improve their basketball skills.

Boys Camp 9:00 - 11:00 a.m. SH Gym; \$30 includes basketball Girls Camp 11:30 a.m. - 1:30 p.m. SH Gym; \$30 includes basketball

Braves Basketball Hour Club

Boys & Girls Grades 2-12 (Fall '23)

Spend time this summer working on your basketball shooting and skills. Add up the hours you spend in the gym or practicing at home, have it verified by a parent or guardian and qualify for prizes!

May 21 - Kick Off - 7:00 - 8:00 p.m.
July 9 - 1st Check In - 7:00 - 8:00 p.m.
August 6 - 2nd Check In - 7:00 - 8:00 p.m.
September 10 - Final Check In - 7:00 - 8:00 p.m.
September 24 - Awards Program - 7:00 - 8:00 p.m.

SH Gym; FREE but registration is required includes t-shirt



Varsity Skills and Practice Boys & Girls; Grades 7-12 (Fall '23)

"There comes a time when WINTER asks you what you did in the SUMMER."

Girls: Tuesday and Thursdays
Boys: Mondays and Wednesdays
June and July
8:00 - 10:00 a.m.
SH Gym; FREE

ThunderMax Camp

We are working on getting a ThunderMax Camp in Benson this summer. If we can align our schedules, an email will be sent to all students already enrolled in one of our basketball programs to let them know of the times and dates of the camp.

Preschool Basketball

This will be <u>parent driven</u> and open to boys and girls who are 4 -6 years old and not age eligible for the basketball camp. Preschool sized basketballs and the little hoops will be provided. Please do not drop preschooler off - this is meant to be a family affair for some quality family time together.

Mondays: June 5-26 5:30 - 6:30 p.m. High School Gym \$15.00

Benson Basketball Skills Camp

Boys & Girls
Use Grade in the Fall of 2023 when registering
June 5 - June 29

We are excited to provide the opportunity for boys and girls entering grades 2-9 to improve their basketball skills by participating in the Boys and Girls Basketball Skills Academy.

This program is designed for boys and girls who are dedicated to improving their basketball skills and knowledge of the game. We will be focusing on enhancing all skills pertaining to basketball as well as teaching team strategies.

Girls
Grades 2-3
Wednesdays
8:00 - 9:00 a.m.
East Gym; \$25

Girls
Grades 4-6
Mondays
9:00 - 10:00 a.m.
East Gym; \$25

Girls Grades 7-9 Mondays 8:00 - 9:00 a.m. East Gym; \$25 Boys Grades 2-3 Wednesdays 10:00 - 11:00 a.m. East Gym; \$25

Boys Grades 4-6 Wednesdays 9:00 - 10:00 a.m. East Gym; \$25

Golf

Little Linkers Golf; Grades 1-4 (Fall of '23)

Suited for beginners with little to no experience. Participants will learn the basics of golf through a variety of stations. We will focus on grip, stance, swing, safety, course etiquette, and rules of the game. Contests will conclude each session.

Thursdays: July 13, 20, 27 and Wednesday, August 2
Boys and Girls

8:00 - 9:30 a.m.

\$40; Family max of \$75; t-shirt included Instructor: Adam Jensen

Junior Golf League; Grades 5-9 (Fall of '23)

Suited for golfers with some experience/knowledge of the game. Participants will be paired with a group of 3-4 along with a coach to go play 5 modified holes and record their scores. Weekly and final prizes will be awarded.

Thursdays: July 13, 20, 27 and Wednesday, August 2

Boys and Girls 8:00 - 9:30 a.m.

\$40; Family max of \$75; t-shirt included

Instructor: Adam Jensen

Sunday Night Putting League (Fall of '23)

Participants will be paired up with another golfer and putt their way through a 9 hole putting course on the putting green. Weekly and final prizes will be awards.

Sundays: June 4, 11, 18, 25

Boys and Girls

Grades 1-4: 6:30 - 7:00 p.m. Grades 5-9: 7:00 - 7:30 p.m.

\$20

Instructor: Adam Jensen

Volleyball

Volleyball Skills Camp; Grades 3-8 (Fall of '23)

This camp is focused on fundamentals. Time will be available for team play. This camp is a great way to improve all volleyball skills and is excellent for all levels of players.

June 13, 15, 20, 22 (4 sessions) Grades 3 & 4: 11:30 a.m. - 12:30 p.m. Grades 5 & 6: 12:30 - 2:00 p.m.

Grades 7-8: 2:00 - 4:00 p.m.

SH Gym; \$35
Instructor: Ainsley Anderson

Pacesetter Braves Volleyball Camp

Grades 3-12 (Fall of '23)

Pacesetter Sports is the Midwest leader in providing high quality, low cost programs. The Pacesetters staff is comprised of former state champions, college coaches or highly successful high school coaches who love teaching volleyball. Pacesetter focuses on teaching the most important skills to make the greatest possible improvement in a few days.

Monday-Thursday: July 17-20 (4 sessions)

Grades 9-12: 8:30 - 11:30 a.m. * \$130/player Grades 6-8: 1:00 - 3:00 p.m. * \$90/player

Grades 3-5: 3:00 - 4:30 p.m. * \$70/player

Register by May 15 and receive a FREE shirt
Register at: pacesettersports.net/volleyball-camps/
East Gym

Wrestling



Braves Wrestling Camp; Gr. K-3 (Fall '23)

This camp will help teach the fundamentals of wrestling and introduce new wrestlers to the sport that want to give it a try. Experienced youth will be able to sharpen their skills as well as learn new ones.

Camp will be run by the Benson Wrestling coaching staff as well as the Benson Wrestling Captains.

Tuesday & Wednesday July 25-26 6:30 - 8:00 p.m. Aux Gym; FREE

includes a t-shirt if registered by July 14

Braves Wrestling Open Mat; Gr. 4-12 (Fall '23)

Join the Benson Braves Wrestling coaching staff and other technicians from around the state to develop high level skills all summer long.

Sundays
June 11- July 23
(will not meet July 2nd)
6:30 - 8:00 p.m.
Aux Gym; FREE

includes a t-shirt if registered by June 11

"Summer work makes winter champions."

Softball /Baseball

Morning Ball

Boys & Girls

Use grade in the Fall of 2023 when registering June 5 - 30 (12 sessions)

The emphasis of these programs will be on fundamentals and good sportsmanship. Bring your own glove, but mark it. Each player will receive a free t-shirt, courtesy of business sponsors.

Softball

Mon., Weds., & Fri.

Grades 2-3

9:00 - 10:00 a.m.

Grades 4-5

10:00 - 11:00 a.m.

Grades 6-7

11:00 a.m. - 12:00 p.m.

Morning Baseball

Mon., Tues., & Thurs.

Grades 1-2

9:00 - 10:00 a.m.

Grades 3-4

10:00 - 11:00 a.m.

Grades 5-6

11:00 a.m. - 12:00 p.m.

Northside Rec Area ** \$40

** "GAME DAY" **

MRVED "Game Day" will consist of playing teams from Montevideo, Dawson and Lac qui Parle on a given date and time.

When the schedule is set, an email will be sent to those registered for morning ball with information. There is no charge to participate but you MUST pre-register on-line or in the Community Education office.

Registration in morning ball does NOT automatically sign you up for Game Day. This is a separate event.



<u>Preschool T-Ball</u>

We've had a request to bring back preschool t-ball. This will be <u>parent driven</u> and open to boys and girls who are 4 -5 years old. Bats, balls and Ts will be provided. Please do not drop preschooler off - this is meant to be a family affair for some quality family time together.

Tuesdays: June 6-27 5:30 - 6:30 p.m. Softball Fields \$10

1st Grade Introduction to Softball

This is a two-night opportunity for incoming 1st graders to learn new softball skills. Campers will learn the basic fundamentals of the game. The camp will be led by Mackenzie Dokkebakken and parent assisted. Please do not drop your child off and leave. Bats and balls will be provided.

Sundays: June 4 and 11 (2 sessions) 5:30 - 6:15 p.m. at the Softball Fields Free but pre-registration is required Instructor: Mackenzie Dokkebakken

Elementary Travel Softball and Baseball Current Grades 3-6

Information was emailed in April to all eligible students.

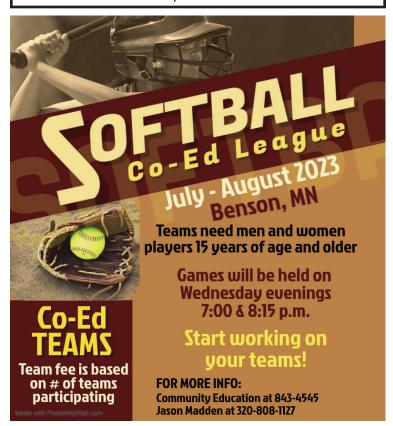
Games are June - mid July

Fee: \$50 for travel ball; \$70 for travel and morning ball Registrations are still being accepted.

Jr & Sr High Summer Softball and Baseball

Girls: 14U or 18U fast-pitch team in the Morris League, please contact Coach Dokkebakken. Most games will be held on Tuesday nights.

Boys: boys in current grades 7-12 interested playing summer ball are to let Coach Foley know.



Mileage Club

Summer Mileage Club; Gr.5-12 (Fall of '23)

Do you like to run? Do your friends like to run? Do you wish you had more friends that like to run? Do you need some motivation to run? Then this is for YOU!!

This summer we will be running together, tracking our miles, having fun, and maybe winning something sweet for your efforts (i.e. PRIZES!)

So what exactly do you have to do?

- 1. Follow one of the three summer running plans provided based on your ability, and track your mileage.
- 2. Come to the group runs and see all your running buddies!! We will run together two times per week until the end of summer unless we plan additional group runs. We will also have short chats about nutrition, sleep, and other running basics before each of our group runs.

We will tally up all the miles at the end of July. The following will be awarded \$5 Dairy Queen gift cards from each grade (5th-12th):

- the person (boy or girl) who ran the most total miles
- the person (boy or girl) who ran the most total days (maximum of 70).

Any ties in those categories will each receive the prize, so feel free to run with each other and encourage each other to run! In addition, each person that runs over 70 miles will be entered into a drawing for a fitness watch/activity tracker! One last prize, if the total club miles is 5,000 or more we will have a mileage club pizza party!

Open to any student in 5th-12th grade in the 2023-2024 school year - you don't have to be in or join cross country to participate in the summer mileage club! Running is good for everybody!

Group runs all start at 7:00 p.m.

Mondays: June 12-July 24; Ambush Park Benson Thursdays: June 15-July 27; Pillsbury Park, Kerkhoven No tracked miles or group runs July 1-7 Cost: \$20

> Coach Samantha VanHeuveln samanthavanheuveln@gmail.com

Track & Field

Track & Field; Gr. 3-6 (Fall '23)

Practices will develop the skills of track and field. Everything from running to high jump, relays to long jump and other field events.

> June 12-13 & 19-20 Mondays & Tuesday (4 Sessions) 4:00 - 5:00 p.m.

Benson High School Track \$30 - - Includes a t-shirt

Instructors: Chad Carroll & Samantha VanHeuveln

Tennis

Jon Koenigs Tennis Camp; Gr. 5-12 (Fall '23) **Boys and Girls**

Jon Koenigs is a former Benson graduate and current Head Tennis Professional at PublicIndoorTennis.com in the Minneapolis metro area. Jon is USPTA High Performance Certified and has a PTR 1 Certification. Jon is proud to come back to Benson and put on this tennis camp. "This camp is about renewing relationships with the kids, having fun, and learning the sport of a lifetime. There will be water balloons too."

The Tennis courts will be open and supervised June 5th-8th from 9:00 a.m.-1:30 p.m. for students to play games while not in camp.

> June 5-8 (9th rain make up) Monday-Thursday (4 sessions) Grades 9-12: 8:30 - 11:30 a.m. **BHS Tennis Courts** Cost: \$125

Grades 5-8: 11:00 a.m. - 1:30 p.m. **BHS Tennis Courts** Cost: \$95

Elementary Tennis; Gr. 3-6 (Fall '23) **Boys and Girls**

A chance to learn the proper hand grip and strokes, scoring, basic fundamentals, and have some fun. Concentration will be on making sure participants have a great time so they develop a love of the game.

> Grades 3-6 July 10-13 Monday-Thursday (4 sessions) 11:00 a.m. - 12:00 p.m. **BHS Tennis Courts; \$25** Instructor: Coleton Anderson

Team Tennis; Gr. 7-12 (Fall '23) **Boys and Girls**

This program is strongly encouraged for all school tennis players and will provide opportunity for drill play and games. Must be able to play a match, both singles and doubles, and know how to score. We will be practicing, doing drills as well as playing games within the team.

> Wednesdays June 14 - July 26 (will not meet July 5) 6:00 - 8:00 p.m. **BHS Tennis Courts; \$25 Instructor: Coleton Anderson**

2023 Children's Theater Atlantis The Musical Grades 1-12 (fall '23) --- July 10th - 14th

We are excited to once again offer our own Children's Theater featuring BHS Alumni Grace Ricard. Grace worked with Caitlin Tucker, a Los Angeles-based screenwriter and songwriter, to create this original musical just for our students!

Atlantis the Musical: Have you ever heard of the Lost City of Atlantis? A famous legend first written about by the ancient Greek philosopher Plato is now coming to the stage! Set on an island in the Atlantic Ocean, this children's musical tells what REALLY happened to the Lost City of Atlantis.

Auditions

Cost \$20 per student

Practices

Performance

Monday, July 10 12:30 p.m. No experience necessary! Performing Arts Center

A schedule will be handed out following auditions and will vary and be determined by role. Expect afternoon rehearsals.

Friday, July 14 6:30 p.m. Cost: \$2.00

Grace Ricard is a 2017 Benson High School graduate. She went on to earn a Bachelor of Fine Arts in Acting at Minnesota State University, Mankato. Currently, Grace is living in Los Angeles, California but is so excited to be back in Benson to work with our students. Caitlin Tucker earned a Bachelor's Degree from Loyola Marymount University. She currently lives in Los Angeles, California and is excited to travel to Minnesota with Grace.

Drivers Education

This class fulfills the mandatory 30 hours of classroom instruction. Classroom work can be done prior to being 15 years of age, but students must be 15 years of age to take the permit test.

After passing the permit, arrangements for Behind the Wheel (requirement is six hours) will be made. Students must have their permit for a full 6 months before taking their license test according to state law.

May 30-June 1, June 5-8, June 12-15 and June 19 Section A: 7:30 -10:00 a.m. Section B: 10:00 a.m. - 12:30 p.m. **Benson HS** Roger Lindahl; \$310

*minimum deposit of \$110 due at registration

2023 Kids Fishing Clinic

Boys and girls are invited to join TJ Essig along with Professional Bass Fisherman Trey Fails for a morning of fishing fun! Topics may include fish ID, knot tying, helpful tips and question and answer session with Trey.

Bait is provided but students are encouraged to bring their own gear if they have it. Please limit it to 1 rod & reel and a small tackle box. Parents/Grandparents are welcome to attend as chaperones as well!

Drawings for prizes including fishing gear and the grand prize of a 1 day all-inclusive guided fishing trip for up to 4 on the Lake of the Woods with TJ Huerd.

> Grades 4+; Starbuck Marina Friday, June 9 * 9:00 - 11:30 a.m. (bus leaves at 8:30 and returns about noon)

Summer Dance Camp; 3 years through 9th Grade

Summer dance camp will focus on learning and improving the fundamentals of different styles of dance that are offered through Jazz-n-Pizzazz during the school year. This would be a great class to take if you're interested in dancing and want to learn what Jazz-n-Pizzazz is about, just wanting to try dance for the first time, or wanting to focus on dance skills for the school year. The different styles of dance that will be focused on are ballet, tap, jazz, and a small introduction of high kick. Classes are broken up by grades listed below and the class will focus on the styles of dance based on the grade level. Each class will learn about a 2-2.5 minute dance for each style of dance and prepare for a short recital after the two week period.



June 19-23 & 25-29 Monday-Friday (9 Sessions) Free recital at 5:00 p.m. on Friday, June 30th Need: leggings, ballet/jazz and/or tap shoes \$35 - - Includes a t-shirt worn for recital **Instructor: Morgan Schmidt**

3 year - 4 year olds basic fundamentals, terminology, ballet positions 4:30 - 5:00 p.m.

Kindergarten-Grade 2 intro to tap, tap fundamentals, and improving ballet 5:00 - 6:00 p.m.

Grade 3-Grade 4 continue to improve on ballet and tap fundamentals 6:00 - 7:00 p.m.

Grade 5-Grade 6 intro to jazz, add little high kick, improve ballet and tap 7:00 - 8:00 p.m.

Grade 7-Grade 9 continue to improve iazz, ballet and tap, add a little high kick 8:00 - 9:00 p.m.

Online Adult Technology Classes

These classes are offered by Nicky Welsh from *Social Club Simple* "Helping Adults Utilize Technology to Improve their Lives in a Positive Way".

After registering, each recipient will be sent a zoom link for the course. You can take part of the "live class" or access the recorded class option if you are unable to attend during the designated time. Follow-up support is also included from the instructor and students are encouraged to reach out with questions at any time before or after the class has concluded.

You can register for these online (under adult/senior) at: benson.revtrak.net/RW-community-education/

or by calling Community Education at 320-843-4545

A Parent's Guide to TikTok

In this fun class, we'll take a look at the fastest growing social media app used by millions each day. Learn how it's used and how parents can also help their kids stay safe while on it. We'll cover everything you need to know as it's paving the future of a new social media.

Tuesday, May 23 12:00-1:00 p.m. \$20.00

Cell Phones & Parenting - OhMy!

When your child has a Smartphone there are key things you should know in order to keep them safe and secure. In this class, you'll understand recommended safety settings on popular social media apps, parental apps for your child's Smartphone and more! We simplify this complicated technology so that you and your child can use the phone safely without worry.

Thursday, June 1 12:00-1:00 p.m. \$20.00

Social Club Simple also offers classes on Intro to Social Media, Help with Facebook, Podcasts for Beginners, Social Media for Business, Grow Your Business with Instagram, Help with Snapcat, Twitter for Beginners, and How to Create Your Own YouTube Channel. More classes will be offered in the fall. If you are intersted in any of these classes, please reach out Benson Community Education.

Beginning Crochet Class

This is a class that will teach the basics of crocheting. You will set up the foundations to all future projects. Some of the things you will learn are basic stitches, how to read a pattern, and finally you will make a set of washcloths.

You will be sent a shopping list of materials needed for the class after registration.



Open to all ages
April 24, 26 and May 1
6:00 - 7:00 p.m.
\$20; High School Library
Instructor: Taylor Helmberger

Instant Piano and Guitar for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment.

These crash courses are done in the comfort of your home over zoom and include an online book and follow-up video lessons. You will be able to continue your practice and study on your own.

Both classes are open to adults and students ages 13 and older. Instructor is Craig Coffman from *Chords Are Key*.

You can register for these online (under adult/senior) at: benson.revtrak.net/RW-community-education/ or by calling Community Education at 320-843-4545

<u>Piano</u> is partly lecture/demonstration and partly hands on instruction. Topics include:

*How chords work in a song

*How to get more out of sheet music

* How to form the three main types of chords

*How to handle different keys and time signatures

* How to avoid "counting"

*How to simplify over 12,000 complex chords

Tuesday, June 6

6:30-9:00 p.m.

\$59.00

<u>Guitar</u> is a crash course that will teach you some basic chords to get you playing along with your favorite songs right away. Topics include:

* How chords work in a song

*How to form the three main types of chords

* How to tune your guitar

*Basic strumming patterns

* How to buy a good guitar (things to avoid)

*How to play along with simple tunes

Wednesday, June 7

6:30-9:00 p.m.









Early Childhood



BE COUNTED! It is very important that all residents of ISD #777, even babies, be included on the school census. If you or someone you know recently had an addition to the family, or have moved into the school district, call 843-2710, ext. 4122.



Fun in the BAC

Kids ages 3-5 years old and their parents are invited to join us for an hour of fun exploring gymnastics equipment with the gymnasts.

This class is FREE but preregistration is REQUIRED as spots are limited!

Tuesday, April 18 5:30 - 6:30 p.m. **Benson Activities Center** Cost: FREE but must pre-register

Car Seat Safety Class

Did you know on average 3 children are killed and estimated 487 are injured every day in the US in traffic crashes? We will be offering a "hands on" car seat safety presention given by Countryside Public Health.

For children birth-12 months and their parents. Each child will receive a gift bag.

Thursday, April 27 6:00 - 7:00 p.m. Early Childhood Center, NS Elem. Cost: FREE but must pre-register by April 21st

Mystery Trip

Kids 2 years-prek 5 and their Parents and their families are invited on this mystery trip! We will begin our trip by boarding the school bus at 10 a.m. Once we reach our destination, there will be time to explore and participate in a scavenger hunt. Will return at 11:30 a.m.

Saturday, May 20 10:00 - 11:30 a.m. Cost: FREE but must pre-register

Family Fun Night

children ages 16 months-prek 5 are invited to pack a sack lunch to enjoy at the park.

Come and see the fun activities we have planned for you!

Wednesday, June 21 5:30 - 7:00 p.m. **Ambush Park** Cost: FREE but must pre-register

TOT LOT

This class is for children who will be 4 years old on or before September 1.

This program will focus on planned learning activities such as: story time, art, music, and introduction to inclusive sports and play.

> June 6-9 & June 12-15; 8 Sessions 8:30 - 10:30 a.m. Early Childhood Center, NS Elem. Cost: \$25

READY, SET, GO!

This class is for children who will be **5** years old on or before **Sept. 1**.

Emphasis will be on listening skills, creative thinking, STEM activities, and introduction to Youth Athletes, a sport and play program designed to focus on gross motor development and social emotional skills.

> June 6-9, June 12-15 & June 19-22; 12 Sessions 10:30 a.m. - 12:30 p.m. Early Childhood Center, NS Elem. Cost: FREE but must pre-register

Preschool Options for Fall 2023

It's time to start thinking about plans for your preschooler for the fall!

4 Year-Old Preschool (VPK)

Benson Schools will be offering full day class options for children who will be 4 on or before September 1st and completely potty trained. Registration is currently open for VPK here: benson.revtrak.net/RW-Community-Education/

All class times are 7:50 a.m. - 2:50 p.m. Options for VPK are:

- *2 days a week: Tuesday and Thursday offered free of charge
- *3 days a week: Monday, Wednesday, and Friday offered free of charge.
- *5 day programming will be offered at \$150 per month. Pathway scholarships are available for families that qualify.

When registering, you will be asked to select which option above you prefer and we will do our best to accommodate all requests.

3 Year-Old School Readiness

Benson School Readiness will be offering a morning half day program for children who will be 3 on or before September 1st and are fully potty-trained. Once our 4 year old classes are set, a letter will be sent to parents of the 3 year old class to notify them of class options.

Discovery Kids

WHAT IS DISCOVERY KIDS?

Discovery Kids is an early learning child care center offered through Benson Public Schools. We accept children 6 weeks through 6th grade. Our mission is to provide childcare where children can learn and grow physically, emotionally,

intellectually, and socially.

Location: Early Childhood Center, Northside Elementary

Hours: 5:30 a.m. - 5:30 p.m. Monday-Friday

Financial Assistance available through:

- Swift County Human Service (child care assistance)
- Parent Aware (Pathway)
 - Teaching Strategies Curriculum and Assessment that encourages cognitive, language, social, and emotional development
 - Secured building
 - · Daily activities and schedule
 - Open every week day with extended hours
 - Incorporating our learning with the use of Smartboard
 - · Daily outings and gym time



We are a 4-star rated program with the MN Department of Education!

How do we sign up?

Parent Handbooks & Registration Forms are available on-line at

www.benson.k12.mn.us/discovery-kids

You may also contact Discovery Kids at 320-842-2723 for paperwork.

A \$20 registration fee is due at initial registration time.

Your child must be registered before attending Discovery Kids.



We provide transportation to and from Summer Rec activities!



Discovery Kids is Hiring!!!

Monday-Friday
varied shifts available from 5:30 a.m. - 5:30 p.m.
benefits include:
PTO, Comp Time and Holiday Pay
\$500 towards insurance (Teachers & Assistant Teachers)

Full Time - Part Time - Summer

PERA (state) retirement



For more information or to apply:
Carissa McDonald
320-842-2723
discoverykids@benson.k12.mn.us

Teacher (must have college credits): \$16.35/hour Assistant Teacher (must have college credits): \$15.33/hour Aide (must be 18 years or older): \$14.00/hour

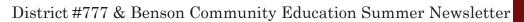
Benson Public Schools is an equal opportunity employer.
Minorities and others are encouraged to apply.

School Age and Preschool Summer Program Provides:

- snacks served twice daily
- close to summer rec activities
- field trips & outings to the parks
- experienced, excellent staff

- flexible scheduling
- gym time
- outdoor play
- learning time at the Library
- daily activities
- pool time
- indoor play
- crafts





JOIN US AT THE POOL THIS SUMMER!!

AM Fitness Swim

Fitness swimming gives you the opportunity to plan a regular program of physical fitness. It is a great chance to improve your strokes and increase your endurance.

June 5 - August 18
Monday, Wednesday, Friday
6:30 - 7:30 a.m.
\$3.00 per day; passes honored

Swimnastics

This self-pace course emphasizes muscle tonement through various exercises in the water. Each class will consist of a warm-up, some aerobics, lots of different exercises, and a cooldown. One need not know how to swim. Music will be included.

PLEASE NOTE: Season passes NOT accepted at Swimnastics

June 12 - August 17 Monday, Tuesday, Thursday 12:00 - 12:45 p.m.

Fee: \$3.00 a time; \$40 for a 15 time punch card or \$60 class fee. Instructor: Jessica Harris

Family Night Swim Tuesday, Thursday, Sunday

The pool will be open for Family Swim on Tuesday, Thursday & Sunday evenings from 6-8 p.m. Families must consist of at least two people. Students 17 and under must be accompanied by an adult to be eligible for admission. Admission

is half price of daily admission.

Aquatic Center Rentals

Cost: \$138.94 / hour (tax inc.)

The pool is available for any group, special gathering, etc. from 9:30 a.m.-12:30 p.m. on Saturdays and Sundays. We invite you to make use of our facility for social or recreational events. For rentals, contact the manager on duty at the outdoor swimming pool 320-843-2075. Call between 1-6 p.m.

Party Room for Rent

Cost: \$30.00 (max 2 hours)

Great for birthday parties, meetings, athletic team functions, etc. For rental information and booking, please contact the manager on duty at the outdoor swimming pool 320-843-2075 between 1-6 p.m. No outside food is allowed to be brought in.

Pass Forms

All pass and punch cards are available for purchase with cash/check at the Benson City Office and the pool.

In order to promote strong, independent swimmers, Personal Flotation Devices ARE NOT allowed during Open Swim. They are allowed during Family Swim.

No outside food or beverages allowed in the pool area.

We are a SMOKE FREE facility!

The pool will close at 5:00 p.m. on the following dates: June 14 (Benson Band Festival Parade) and July 4.

A.M. Fitness Swim (M, W, F) 6:30-7:30 a.m.

Swim Lessons (M-F; 3 Sessions) 9:00-12:45 p.m.

Swimnastics Class (M, T, Th) 12:00-12:45 p.m.

Open Swim

1:00-8:00 p.m. (M, W, F, Sat) 1:00-6:00 p.m. (T, Th, Sun)

Family Night Swim 6:00-8:00 p.m. (T, Th, Sun) Half Price Admission

FEES

Daily Admission:

Adults (18 & up) - \$6.00 Teens (13-17) - \$5.00 Children (12 & under) - \$4.00 AM Swim \$3.00 PM Swim \$3.00

PUNCH TICKETS:

Adult Punch Ticket (18 & up) 10 Punches - \$50.00

Teen Punch Ticket (13-17) 10 Punches - \$42.00

Child Punch Ticket (12 & under) 10 Punches - \$30.00

SEASON PASSES:

Individual:

City of Benson Resident \$105.00 Non-Resident \$130.00

Family:

City of Benson Resident \$145.00 Non-Resident \$180.00

Family Pass is limited to 5 immediate family members.

Additional Family Members: Resident \$25.00 / person Non-Resident \$35.00 / person

* Sales Tax is already included.

The opening date on the pool will be weather permitting. Watch the City of Benson website and facebook

Private Swim Lessons

pages for updates.

These lessons are 1-on-1 instruction. Registration for private swimming lessons can be done online.

Private swim lessons are offered on a very limited space basis and are not guaranteed. We will do our best to honor all private requests. If we cannot get your child's lesson in, we will cancel and refund your money.

To be sure your child receives swimming lessons this summer, please try to schedule your child in a regular-scheduled class.

Thank you for your understanding.

Fee: \$70 for 5 half hour sessions



Swimming Lessons - \$40				
American Red Cross Classes	Session 1 (June 12-23) Mon-Fri/10 sessions	Session 2 (July 10-21) Mon-Fri/10 sessions	Session. 3 (July 24-Aug 4) Mon-Fri/10 sessions	
Little Swimmer (Parent/Child) *2nd week of session only (\$25.00)		12:15-12:45 Week of July 10 only		
Preschool Week 1 (Ages 3-5) *1st week of session only (\$25.00)	9:45-10:15; 12:15-12:45 Week of June 12 only	9:45-10:15; 12:15-12:45 Week of July 10 only	9:45-10:15; 12:15-12:45 Week of July 24 only	
Preschool Week 2 (Ages 3-5) *2nd week of session only (\$25.00)	9:45-10:15; 12:15-12:45 Week of June 19 only	9:45-10:15; 12:15-12:45 Week of July 17 only	9:45-10:15; 12:15-12:45 Week of July 31 only	
Level 1 (recommended ages 6+) Introduction to Water Skills	9:45-10:25, 10:30-11:10, 11:15-11:55	9:00-9:40, 9:45-10:25 10:30-11:10, 11:15-11:55	9:00-9:40, 9:45-10:25 10:30-11:10, 11:15-11:55	
Level 2 Fundamental Skills	10:30-11:10 11:15-11:55	9:45-10:25, 10:30-11:10, 11:15-11:55	9:45-10:25, 10:30-11:10, 11:15-11:55	
Level 3 Stroke Development	10:30-11:10 11:15-11:55	9:00-9:40, 9:45-10:25, 10:30-11:10	9:00-9:40, 10:30-11:10, 11:15-11:55	
Level 4 Stroke Improvement	9:00-9:40	9:00-9:40 11:15-11:55	9:45-10:25 10:30-11:10	
Level 5 Stroke Refinement	9:00-9:40	10:30-11:10	9:00-9:40	
Level 6 Swimming & Skill Proficiency		9:00-9:40		

To determine where to place a child, read class descriptions. You will have to make the determination yourself. If in doubt, go with the lower level. Each student will be tested the first day of class to determine if he/she is in the correct level. Students may sign up for more than one session after June 23rd.

Little Swimmer

(Ages 6 months to 5 years)

Parent and Child Aquatics targets parents and their children ages 6 months to 5 years. The parents learn how to hold and support their child safely and appropriately while helping to increase their child's comfort level by emphasizing fun in the water. A foundation of basic skills will be built.

Preschool Levels 1 & 2 (Ages 3-5) Skills taught at this level include: water adjustment, breath control, floating, kicking and basic paddle strokes. Parents do not need to enter the water.

Level 1 (Intro to Water Skills)

Participants learn to enter and exit water; blow bubbles through mouth and nose, bobbing, open eyes under water, retrieve submerged objects; tread water; explore arm and hand movements.

Level 2 (Fundamental Skills)

Participants learn to enter/exit water; fully submerge & hold breath; front/back floats; tread water; roll over from front to back; changing direction, finning arm actions.

Level 3 (Stroke Development)

Builds on skills in level 2 by providing additional guided practice in deeper water. Will also learn to jump into deep water; bobbing while moving toward safety; headfirst entries from side-sitting and kneeling positions; survival float, back float; tread water; flutter, scissor and breaststroke; kicks on front; front crawl; simple non-swimming assists.

Level 4 (Stroke Improvement)

Develops student's confidence in the strokes learned in Level 3. Participants learn headfirst entries from side in compact and stride positions, swim under water, feet first surface dive, survival swimming; front crawl and backstroke open turns; tread water; front and back crawl; backstroke, breaststroke, sidestroke and butterfly.

Level 5 (Stroke Refinement)

Participants learn to shallow-angle dive from side and glide into a front stroke; tuck and pike surface dives, submerge completely; front flip turns and backstroke flip turn while swimming; front and back crawl, backstroke, breaststroke, sidestroke and butterfly.

Level 6 (Skill Proficiency)

Objectives are to refine strokes so participants swim with more ease, efficiency, power and smoothness; as well as swim over a great distance.

Benson Area Community Education Independent School District #777 1400 Montana Avenue Benson, MN 56215-1246 http://www.benson.k12.mn.us (320) 843-4545 NON-PROFIT ORG. U.S. POSTAGE PAID BENSON, MN 56215 PERMIT NO. 83

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Donations can be mailed to:
Benson Public Schools
Business Office
1400 Montana Avenue
Benson, MN 56215



Pioneerland Band Festival

Tuesday, June 14, 2023 * * * Benson, MN

Preparations are underway for the annual Pioneerland Band Festival. We believe this is a positive event for our community and realize its success depends on the help of many. The support shown by area businesses over the last 30 years has been critical to meeting the financial needs of the event. We would like to thank them and encourage their continued involvement in the parade.

PIONEERLAND BAND FESTIVAL CONTRIBUTORS

Red * \$1-\$99 **White** * \$100-\$299 **Blue** * \$300 and above

Please accept our 2023 tax deductible donation of \$



Please consider being a part of this important community event by contributing to its cause. Every little bit counts and is appreciated. THANK YOU!

Contribution Information

Checks payable to <u>Pioneerland Band Festival</u> and mail to: Pioneerland Band Festival, PO Box 133, Benson, MN 56215

Pioneerland Band Festival

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Name(s)		We wish to remain anonymous