

Benson blic schools

Benson Community Education and District Newsletter Summer 2024 Volume 31 Issue 2

Join Benson Community Education



Summe



High School

1400 Montana Avenue Benson, MN 56215 320-843-2710 (ph) 320-843-2262 (f)



Northside Elementary

1800 W Nevada Ave Benson, MN 56215 320-842-2717 (ph) 320-843-5300 (f)

Benson Community Education

LEARNING TOGETHER

Community Education

1400 Montana Ave Benson, MN 56215 320-843-4545 (ph) 320-843-2262 (f)



Summer Food Service

The Summer Food Service Program is back this summer for Benson Schools!

- All meals will be free to any child aged 0-18 years old.
- Children must come to the site to eat, parents cannot pick up meals to take home for their children to eat.
- There will be NO mobile site.

We will be offering breakfast and lunch at Northside Elementary School. Days summer meals will be closed: June 19th, July 4th, July 5th, August 1st.

Serving: May 27 through August 21

- Breakfast from 8:00 9:00 a.m.
- Lunch from 11:30 a.m. 12:30 p.m.

Menus can be found in the Northside Elementary Cafeterias. They will also be posted on the Benson Schools' website: benson.k12.mn.us by the end of May.

More information will be available on the school website and flyers will be sent home with students with updated information and menus at the end of the year.

For more information, contact: Connie Evenson, Food Service Director (320) 842-2702 cevenson@benson.k12.mn.us





District #777 Board Of Education

Brian Samuelson, Chair Gary Williams, Vice-Chair Bill McGeary, Treasurer Mary KW Langan, Clerk Jim Berens, Director Paul Carruth, Director Marin Kowal, Director



District Staff

Dennis Laumeyer, Superintendent Jessica Harris, 6-12 Principal Brennan Kent, PreK-5 Principal Jill Lipp, Activities Director Connie Evenson, Food Service Director Al Pagel, Transportation Supervisor

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Lily Ostlie, youth rep

Community Education Staff

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Elementary Field Days

A great way to end the school year is with the annual Field Day celebrations. Field day will be held in the grassy area to the north of the Northside Elementary school.

Parents and Grandparents are welcome to bring lawn chairs or blankets to sit on.

Wednesday, May 15

3rd Grade from 8:30 - 9:30 a.m. 4th Grade from 9:45 - 10:45 a.m. 5th Grade from 1:00 - 2:00 p.m.

Thursday, May 16

1st Grade from 9:00 - 10:00 a.m. 2nd Grade from 1:00 - 2:00 p.m.



Kindergarten Program & Graduation

Kindergarten Program & Graduation is scheduled in the Performing Arts Center at 1:30 p.m. on Friday, May 10. This will be general seating. Doors will open at 1:00 p.m.

The public is invited to watch live via the Benson Activities YouTube page. A link can be found on the school's activities page.

4th and 5th Grade Music Program

Will be held in the Performing Arts Center at 1:30 p.m. on Thursday, May 2. This will be general seating. Doors will open at 1:00 p.m.

The public is invited to watch live via the Benson Activities YouTube page. A link can be found on the school's activities page.

Last day of school May 21!

School Starts Aug. 26 (1-12) & 28 (K)

Math Masters began in 1989 as a fifth-grade math competition and has grown to include grades 4-6 in Minnesota and Wisconsin. It is designed to promote excellence in critical thinking skills and problem-solving abilities as well as to provide recognition to students for academic effort and achievement. Benson's Math Masters program is coached by Kim Ulland, 5th grade teacher at Northside Elementary.

Benson's 5th grade Math Masters

A fifth grade Math Masters group has been meeting on Thursdays since November 30. Eli Carruth, Clay Kobbermann, Peyton O'Leary, Dante Palomo Rodriguez, Blake Razink, Jonathan Sanchez Villalvazo, Sage Syltie, Camden Thompson, Michael Timmerman, and Shyla Woeste were the original participants this year.

Recently, students completed a selection test to whittle the group down to the five who will represent Northside Elementary at a competition in Alexandria on April 19. Dante, Jonathan, Sage, Michael, and Shyla beat out their classmates and will continue to practice until the competition.



L to R: Michael, Jonathan, Danta, Syla, Sage

Benson's 6th grade Math Masters

From October 31-March 5, six Benson sixth graders met on Tuesdays after school with Miss Ulland for Math Masters. Each week they attempted and discussed a variety of challenging word problems and their strategies for solving them. On March 8, Abraham Flores, Ingrid Hafvenstein, Tyler Hood, William Moe, and Nolan Smith participated in a regional Math Masters Competition in Osakis with Jameson Klucas as an alternate

Sixty-six students representing 13 teams participated in the contest that consisted of a fact drill round, 4 individual rounds, and 3 team rounds. Amongst his teammates, William got the highest score on the fact drill. Two members of the team, Ingrid and Nolan, finished just outside of ribbon contention in the individual rounds.



L to R: Nolan, Ingrid, William, Abraham, Tyler, Jameson

Activities & Athletics

Esports

Benson piloted a new activity during the 2023-24 School Year. Esports is a fast growing sport/activity that currently involves over 150 schools in the state of MN. The season is 8 weeks long during the winter sport season. Benson had several students qualify for the state meet that was held in Grand Forks, ND this year. Come out and see what all of the excitement is about!

- This program will teach students skills in communication, time commitment, and responsibility as well as teamwork.
- It gives students a way to participate in school and community.
- This program will help improve their lives through self worth and advocacy, breaking down stereotypes and aspiring individuals to enjoy learning.
- It promotes diversity and inclusion and fosters an environment of acceptance.
- It may promote careers in technology development, streaming, content creation, and event management by providing skills needed to enter the workforce.



B

Sports Physicals

Sports physicals are needed in order to participate in any sport activity. New physicals will need to be scheduled for athletes who will be in **7th** and **10th grade** in the fall. If you are unsure if your child has a current physical on file, please contact the Activities Office.

Athletes cannot participate in practice until their physical has been completed. The Activities Office recommends having your physicals by August 1. These can be done at your local clinic. We also accept those done at a walk clinic and chiropractic office. You must use the physical form provided online. A link is provided on Benson School's website under "Activities and Athletics" and then under "Acvitivities and Forms".

Fall Activities Registration

Fall activities and sports registration will take place in early August in the high school cafeteria. Please check your email in July for more information.

Concussion Testing

Every student that is involved in athletics, must take an online baseline concussion test. The test is taken in 7th, 9th and 11th grade during the fall athletics/activity meeting or during school hours. Please stop by the activities office if you need more information.

Get Connected with Benson Public Schools!

- Monitor-News
- KSCR Radio (fm 93.5)

Websites

www.benson.k12.mn.us https://benson.revtrak.net/ for all registrations and PAC Events

Instagram

braves athletics activities

Facebook Pages

Benson Public Schools 777
Benson Activities 777
Benson Community Education
Discovery Kids Childcare Center
Benson Voluntary Pre-K and ECFE
Benson Football
Benson Braves VB
BKMS Cross Country
Benson Braves Wrestling
Benson-KMS Area Gymnastics
Benson Boys Basketball

Facebook Pages

Benson Girls Basketball Benson Baseball Association Benson Softball Association Benson-KMS Track & Field Benson Braves Golf Benson Strength (for weight room)

X (Twitter) Pages

(district) @BensonBraves777 (activities) @BensonBraves (superintendent) @Dlau5

NOTES FOR THE SENIOR CLASS OF 2024

Class Colors: Black and Silver

Class Flower: White Rose

Class Motto: That's a tomorrow problem.

Class Song: "Daylight" - Maroon 5

MONITOR NEWS QUESTIONNAIRE was emailed to students and parents. Copies of the questionnaire are available in the 6-12 office. These should be dropped off at the 6-12 office or the Monitor News with a senior picture by Friday, May 3.

SCHOLARSHIP & AWARDS CEREMONY will be held on **Monday, May 13** at **7:00 p.m.** in the Performing Arts Center. Seniors and their parents are invited to attend as numerous financial scholarships will be announced and additional senior honors will be recognized.

LAST DAY FOR SENIORS (in good standing) is Wednesday, May 15. You must: have met the 28 credit requirement and passed all required courses, be cleared by Mr. Strand and Mrs. Harris, and owe no money for athletics, missing/damaged books, or food service.

BACCALAUREATE SERVICE will be held on Wednesday, May 15 at 7:00 p.m. at Pilgrim Congregational UCC.

<u>SENIOR LOCKER CLEAN OUT</u> is during advisory time (5th period) on **Wednesday, May 15.** Chromebooks and chargers must be turned in to Mrs. Samuelson.

GRADUATION PRACTICE is Friday, May 17 at 10:30 a.m. in the PAC. Attendance is required. If you cannot attend, Mrs. Harris must pre-approve your absense. Any student not attending practice without pre-approval may not be able to participate in the commencement exercises. Practice will last approximately one hour.

COMMENCEMENT will be **Sunday, May 18.** It will be held in the PAC and will begin promptly at 2:00 p.m. All seating is reserved. Tickets must be reserved online. The ceremony will be live streamed and broadcast on KSCR.

GRADUATION CAP, GOWN AND TASSELS *cannot* be altered in any way for the graduation ceremony. *(No bling)*

REPORT CARDS for seniors will be printed upon parent request after **Friday**, **May 31**.

<u>FINAL TRANSCRIPTS</u> will be sent to the college of your choice as noted in Mr. Strand's office.

Seniors - Class of 2025

As you start planning your senior picture sessions, please take these senior portrait guidelines into consideration.

- 1. JPEG (.jpg) digital image format is required. 300 DPI or higher for actual size of photo. (high resolution image files are better for printing purposes)
- 2. All pictures must be submitted in full color (no sepia or black-and-white)
- 3. Pictures need to be vertical and head and shoulder only format. Please no full body or partial body poses
- 4. Have your photographer leave enough space around your face to allow for the yearbook staff to feature you at your best within the design.
- 5. Note: pictures with "soft focus" appear blurred upon reproduction.
- 6. Appropriate attire only will be accepted (school dress code and policies apply)...no hats, pets, or other accessories/props.
- 7. The yearbook staff has the right to request a different photograph if the above guidelines are not met.
- 8. Photographs should be emailed by December 1 to: yearbook@benson.k12.mn.us







Community News

BENSON PUBLIC LIBRARY Summer Reading Program Activity Schedule June 1 - July 31, 2024

Some of our activities will be scheduled outdoors. As a result, the schedule may change due to weather. Watch the Benson Public Library Facebook page for all updates or call the Library at 320-842-7981.

June 1 Summer Reading Program begins! Register at the library on or before June 1st to receive your first reading log.

June 4 Kick Off: featuring the "Mixed Nuts" Theatre at 11 a.m.

June 5 Design a Paper Outfit Challenge from 11 a.m.-12 p.m.

June 11 Make-n-Take Bead Suncatcher WHILE SUPPLIES LAST

June 18 Nature Mandala at Roosevelpt Park from 10:30 a.m.-11:30 p.m. If weather conditions are stormy, will be at the library

June 18 Summer Teen Book Club for ages 12-17 at 11:30 a.m.

June 26 SCRAP creations 11 a.m.-12 p.m.

July 2 Make-n-Take Paper Clay Creations WHILE SUPPLIES LAST

July 9 Altered Art Books from 10:30-11:30 a.m.

July 16 Cardboard Faces from 10:30-11:30 a.m.

July 16 Summer Teen Book Club for ages 12-17 at 11:30 a.m.

July 23 Make-n-Take Kites and Planes WHILE SUPPLIES LAST

July 30 T-shirt Bracelets from 10:30-11:30 a.m.

July 31 Save the date for Summer Reading closing program.

August 6 Summer Teen Book Club for ages 12-17 at 11:30 a.m.

A Smokey the Bear activity will be held once a month, takenmake in June/July. Watch their Facebook page for details!

PRAIRIE FIVE RIDES SUMMER YOUTH RATE

Prairie Five Rides will be offering transportation services to Community Education activities for the summer.

Summer Rec Registration Forms must be filled out for all kids that will be riding the Prairie Five Rides Bus.

Forms will be available beginning May 1:

- on line at: prairiefive.com (transportation tab)
- by mail (call 877-757-4337)
- by email at: rides@prairiefive.org

Ride costs are:

- Unlimited Youth Pass: June 1-August 25; \$40.00
- Youth Punch Card: 25 rides; \$25.00
- Monthly Pass: Unlimited rides (i.e. June 1-30); \$35.00
- Single rides: \$2.00 per ride

All additional ride requests and cancellations must be made by calling dispatch at 877-757-4337.

Celebrate the music of

NEIL DIAMOND I am He said

Starring MATT VEE

May 12, 2024 3:00 p.m. \$35 presale \$40 at the door vancoevents.com/us/CHHZ

Performing Arts Center Benson High School 1400 Montana Ave Benson MN 56215

1400 Montana Ave Benson, MN 56215 320-843-4545

Join us for an afternoon jamming out to

The Cheese Bots

September 22, 2024 3:00 p.m. \$15 presale \$20 at the door Performing Arts Center Benson High School 1400 Montana Ave Benson, MN 56215 320-843-4545

van<mark>coe</mark>vents.com/us/CKDO

Everything Granny tells you about aging? Forget it!

Assisted Living: The Musical

The Boomers are partying at Pelican Roost, the very active retirement community that is home to the 18-different characters played by the show's two actors. Pelican Roost is where 70-something is the new 20-something...only with looser skin.

November 3, 2024 3:00 p.m. \$20 presale \$25 at the door

Performing Arts Center Benson High School 1400 Montana Ave Benson, MN 56215 320-843-4545

vancoevents.com/us/CKDQ



Pre-registration is required for all classes. Participants must be registered and fees paid prior to the first class or activity.

4 Easy Ways To Register

- **1. Secured Online Site**: Register online at: https://benson.revtrak.net/
- 2. Mail: Send registration and payment to:
 Benson Community Education
 1400 Montana Avenue
 Benson, MN 56215
- **3. Phone**: Call 843-4545 to register using a credit card. No phone registrations will be complete until payment is received.
- **4. In Person:** Bring payment to the Benson Community Education office located in the Benson High School.

Register early. Many classes depend on minimum enrollment. Classes may be canceled if a minimum enrollment is not met.

Confirmation email will be sent if you have an email address in your profile. No class reminders are mailed out. Once registered, simply show up for the class and enjoy.

Inclement Weather and School Closings may affect your class. If Benson Public Schools classes and activities are canceled, Community Education classes and activities may be canceled as well. Tune in to KSCR 93.5 for notifications or cancellations. You may also call the office at 843-4545 for updated information.

Complete Refunds will be given if the activity is canceled due to insufficient enrollment. Refunds will be issued at Community Education's discretion for cancellations made less than a week before start date, due to special circumstances.

Scholarships may be available for certain classes. Certain "Camps" and Driver's Education are not eligible for scholarships.

Benson Community Education SUMMER Office Hours (June-August): Monday-Thursday 8:00 - 4:00 p.m. Closed on Fridays!

Summer Registration

Please note: There will be **NO** activities/camps/ events on **Wednesday, June 19th** for the Juneteenth National Holiday.

Classes with unlimited registrations are open now.
Classes will limited availability will open at **4:00 p.m.** on **Monday, May 6.**



- All Summer Recreation and Community Education class registrations are available online with payment options of credit or debit card.
- The Community Ed office will be open until 5:00 p.m. on Monday, May 6 if you need assistance. If you wish to pay with cash or check, you may register in the office.
- Classes you add to your "cart" at home cannot be paid for in the office. If you wish to pay in the office, we must add the classes to your "cart".
- Registrations taken over the phone will be held for 3 days without payment. If payment is not received in 3 days, the registration will be canceled allowing wait list families to take that spot.
- If classes are full when registering, please add yourself to the waiting list. We will do our best to get all wait list students into classes.
- Benson Community Education, School District #777, or the City of Benson is not responsible for providing health or hospital insurance.

Pre-Registration is necessary for all classes.

Use GRADE ENTERING in Fall of 2024.

Fees for classes will not be prorated due to late registration!

** Registering on-line is your permission to have your child participate in the Summer Recreation Program and any Community Education activity. There will not be a separate permission form. This permission includes: Any participant who chooses to take part in any program or activity sponsored, solely or jointly, does so at their own risk. We are not responsible for providing health or hospital insurance. You are giving permission for your child to participate in the activity registered for. You further release the school, the City of Benson, the Activity Director, and Community Education personnel from any liability in the event of an accident.

Football

Youth Football Camp; Gr. 1-6 (Fall '24)

Whether your football player is an experienced player or just trying football for the first time, this camp is for them!

By working with our football coaches and varsity players, participants will learn the game and how to maximize their potential as football players!



Monday-Thursday (4 sessions)
July 15 - 18

Grades 1-4: 9:00 - 10:00 a.m.
Grades 5-6: 6:00 - 7:30 p.m.
Lorenz Field - JH FB Fields
Cost \$30; includes t-shirt
Instructor: Brady Dokkebakken

*Tackle football for 5th and 6th graders will be coming back this fall. This camp will be to introduce tackle football. A fall league will take place with more information coming at a later date.

JH/Varsity Football Camps; Gr. 7-12 (Fall '24)

Get a jump start on the football season with our summer football camp. Take this opportunity to work on skills, techniques and physical attributes that will improve your football playing ability.

Monday - Thursday

Grades 7-8 Grades 9-12
4 sessions 8 sessions
July 22-25 July 22-25 & July 29-Aug. 1
6:30 - 8:00 a.m.
Cost \$25 Cost \$50

includes t-shirt Lorenz Field - JH FB Fields Instructor: Brady Dokkebakken

Offense/Defense Position Camps; Gr. 9-12

Camp information will be posted at a later date and will be shared with varsity players.





Dokk's Speed & Strength

Speed & Strength; Gr. 7-12 (Fall '24)

This program is provided exclusively to BHS students as an opportunity for athletes to become better athletes during the summer. This is a program tailored to athletes' specific needs and demands of their sport. Consistent programs with workouts 4 days a week, one hour sessions.

Program will focus on becoming faster, stronger, and more explosive athletes.

Participants will get out exactly what they put in!



June 3 - July 25 Mondays-Thursdays *will not meet July 1-4* 6:30 - 8:00 a.m. OR 8:00 - 9:30 a.m.

Cost: \$80

shirts included for consistent participants
Aux Gym & Weight Room
Instructor: Brady Dokkebakken



Gymnastics

Tiny Tumblers: Beginner Coed; Gr. K-1 (Fall of '24)

This camp is designed for the beginner level gymnasts in K and 1st grade in the fall of 2024. Participants will work on gymnastic skills on the bars, beam, floor, and vault. Increasing strength, balance, flexibility, and coordination will also be emphasized.

Tuesdays: June 4 - June 25 (4 sessions)
OR
Thursdays: June 6 - June 27 (4 sessions)
9:00 - 10:00 a.m.
\$40; Class limit of 15

Twisters: Beginner Coed; Gr. 2-6 (Fall of '24)

This camp is designed for beginner level gymnasts in Grades 2-6 in the fall of 2024. Emphasis will be placed on mastering a kick over and then learning front and back walkovers. In addition, participants will work on gymnastics skills on the bars, beam, vault, and floor. Increasing strength, flexibility, and coordination will also be emphasized.

Tuesdays & Thursdays
June 4 - June 27 (8 sessions)
11:00 a.m. - 12:00 p.m.
\$75; Class limit of 18

Flippers: Intermediate Level; Gr. 2-6 (Fall of '24)

This class is designed for the gymnast who can do back walkovers or kick over from bridge position with NO assistance. The class will emphasize learning back handsprings with proper body shape along with skills on the bars, beam, and vault. Increasing strength, balance, flexibility, and conditioning will also be emphasized.

Tuesdays & Thursdays
June 4 - June 27 (8 sessions)
10:00 - 11:00 a.m.
\$75; Class limit of 18

It is beneficial for all participants if gymnasts are placed in classes that fit their ability. If you are unsure of what class would be most appropriate for your child, please contact Kathy Ahrndt at kahrndt@benson.k12.mn.us

Aerials: Advanced Level; Gr. 2-6 (Fall of '24)

This class is designed for gymnasts who can do round-off, back handsprings with little or no assistance. Skills and combinations required for competitive gymnastics will be emphasized on the bars, beam, floor, vault. Increasing strength, balance, flexibility, and conditioning will also be emphasized.

Mondays & Wednesdays June 3 - June 26 (8 sessions) 9:00 - 10:30 a.m. \$90; Class limit of 18

High School Workouts: Grades 7-12 (Fall of '24)

This class is designed for gymnasts who are planning on competing next season for the high school team. Skills and combinations for routines will be emphasized along with strength and conditioning.

Mondays & Wednesdays

June 3 - June 26 (8 sessions)

10:30 a.m. - 12:30 p.m.

\$90; Open Gyms will be added in July free of charge

<u>Preschool class opportunities will be</u> <u>offered again in the fall.</u>

Gymnastics Camp Reminders:

- * All camps held in the Benson Activities Center.
- * Please send your child in stretchy clothes that do not have snaps, buttons, or zippers.
- *Please have long hair tied up in a ponytail or braid.

*Parent/Guardians should drop off and pick up participants at the main door of the BAC. A viewing day will be held on the last day of camp for participants to show off their skills.



Basketball



Boys & Girls Grades 1-6 (Fall '24) Tuesday - Friday May 28 - 31 (4 sessions)

Players will receive individual and group instruction on basketball fundamentals, and they will have the opportunity to compete in individual and team contests.

The overall goal is to provide a unique and positive experience for each camper, while giving each individual an excellent opportunity to improve their basketball skills.

Boys Camp 9:00 - 11:00 a.m. SH Gym; \$30 includes basketball Girls Camp 11:30 a.m. - 1:30 p.m. SH Gym; \$30 includes basketball

Braves Basketball Hour Club

Boys & Girls Grades 1-6 (Fall '24)

Spend time this summer working on your basketball shooting and skills. Add up the hours you spend in the gym or practicing at home, have it verified by a parent or guardian and qualify for prizes!

Tracking sheets will be sent out on May 28. Program will end on September 2. An awards program will be held at the end of the program - Date TBD.

FREE but registration is required

Jensen's Skills Camp

Get in the gym with Coach Adam this June and work on improving your basketball skills!

This program is designed for boys and girls who are dedicated to improving their basketball skills and knowledge of the game. We will be focusing on enhancing all skills pertaining to basketball as well as teaching team strategies.

Mondays & Thursdays June 3-17 (5 sessions)

Girls
Grades 3-4 (Fall of '24)
8:00 - 9:00 a.m.
East Gym; \$30

Boys Grades 5-8 (Fall of '24) 9:00 - 10:00 a.m. East Gym; \$30

Varsity Skills and Practice

Boys & Girls; Grades 9-12 (Fall '24)

"There comes a time when WINTER asks you what you did in the SUMMER."

June 4 - July 30 (gyms closed June 23-July 6) Tuesdays and Thursdays

Boys: 8:00 - 9:30 a.m. Girls: 10:00-11:30 a.m.

SH Gym Free but registration is required

Girls Basketball Camp Grades 5-8 (Fall '24)

Join Coach Renee and the varisty team to work on the funamentals of basketball. Drills will be implemented in a manner that will allow each individual to improve upon their current level of play.

Mondays (4 sessions) May 27, June 3, 10, 17 9:00 - 10:00 a.m. SH Gym; \$25

Boys Basketball Camp Grades 3-4 (Fall '24)

Skill sessions working on dribbling, shooting, passing, and game play. Emphasis on technique and skill work. Fun and creative games that incorporate skills learned will be played.

Wednesdays (8 sessions)
June 5-19 and July 10-24
9:00 - 10:00 a.m.
East Gym; Free but registration is required

Preschool Basketball

This will be <u>parent driven</u> and open to boys and girls who are 4 -6 years old and not age eligible for the basketball camp. Preschool sized basketballs and lowered hoops will be provided. Please do not drop preschooler off - this is meant to be a family affair for some quality family time together.

Tuesdays: June 4-25 5:00 - 6:00 p.m. East Gym \$10.00 Instructor: Eric Payne

Golf

Little Linkers Golf; Grades 1-4 (Fall of '24)

Suited for beginners with little to no experience. Participants will learn the basics of golf through a variety of stations. We will focus on grip, stance, swing, safety, course etiquette, and rules of the game. Contests will conclude each session.

Mondays: July 8, 15, 22, 29 (4 sessions)

Boys and Girls
8:00 - 9:30 a.m.

\$45; Family max of \$80; t-shirt included Priority is given to Benson students. Out of district families can check with Community Ed the week prior for availabilty.

Junior Golf League; Grades 5-9 (Fall of '24)

Suited for golfers with some experience/knowledge of the game. Participants will be paired with a group of 3-4 along with a coach to play 5 modified holes and record their scores. Weekly and final prizes will be awarded.

Mondays: July 8, 15, 22, 29 (4 sessions)

Boys and Girls
8:00 - 9:30 a.m.

\$45; Family max of \$80; t-shirt included Priority is given to Benson students. Out of district families can check with Community Ed the week prior for availabilty.

Sunday Night Putting League; Grades 1-9 (Fall of '24) Participants will be paired up with another golfer and putt their way through a 9 hole putting course on the putting green. Weekly and final prizes will be awards.

Sundays: May 26, June 2, 9, 23 (4 sessions)
Boys and Girls
Grades 1-4: 6:30 - 7:00 p.m.

Grades 5-9: 7:00 - 7:30 p.m.

\$20

<u>Priority is given to Benson students. Out of district families</u> can check with Community Ed the week prior for availabilty.

Volleyball

Midwest Volleyball Instructors (MVI) Camp

Grades 5-12 (Fall of '24)

MVI has always prided itself on its unique elite coaching staff. Every player is coached by high-level coaches from across the Midwest. Historically, the MVI camp staff has included college coaches from NCAA Division I, II, III and NAIA colleges, as well as top high school coaches and junior club coaches from across the midwest.

Wednesday-Friday: July 10-12 (3 sessions)

Grades 9-12: 9:00 a.m. - 3:00 p.m. * \$130/player Grades 7-8: 9:00 a.m. - 12:00 p.m. * \$100/player Grades 5-6: 1:00 - 3:00 p.m. * \$60/player

> Register by May 15 at: https://www.mvicamps.com/ SH Gym and East Gym

HS Summer Open Gym (Fall of '24)

Come in and keep builing your skills through the summer!

Thursdays & Sundays June 2-23 & July 7-28

Grades 7-8: 5:00 - 6:30 p.m. Grades 9-12: 6:30 - 8:30 p.m. SH Gym; FREE * Registration required

Elementary Summer Open Gym (Fall of '24)
Come in and keep builing your skills through the summer!

Thursdays June 6-20 & July 11-25

Grades 1-6: 3:30 - 5:00 p.m. SH Gym; FREE * Registration required

Wrestling

9

Braves Wrestling Camp; Gr. K-3 (Fall '24)

This camp will help teach the fundamentals of wrestling and introduce new wrestlers to the sport that want to give it a try. Experienced youth will be able to sharpen their skills as well as learn new ones.

Camp will be run by the Benson Wrestling coaching staff as well as the Benson Wrestling Captains.

Tuesday & Wednesday July 23-24 6:30 - 7:45 p.m. Aux Gym; FREE

includes a t-shirt if registered by July 17

Braves Wrestling Open Mat; Gr. 4-12 (Fall '24)

Join the Benson Braves Wrestling coaching staff and other technicians from around the state to develop high level skills all summer long.

Sundays
June 2 - July 28
(will not meet July 2nd)
6:30 - 8:00 p.m.
Aux Gym; FREE but must register

"Summer work makes winter champions."

Softball /Baseball

Morning Ball

Boys & Girls

Use grade in the Fall of 2024 when registering June 3 - 28 (12 sessions)

The emphasis of these programs will be on fundamentals and good sportsmanship. Bring your own glove, but mark it. Each player will receive a free t-shirt, courtesy of business sponsors.

Softball

Mon., Weds., & Fri.

Grades 1-2

9:00 - 10:00 a.m.

Grades 3-4

10:00 - 11:00 a.m.

Grades 5-7

11:00 a.m. - 12:00 p.m.

Morning Baseball

Mon., Tues., & Thurs.

Grades 1-2

9:00 - 10:00 a.m.

Grades 3-4

10:00 - 11:00 a.m.

Grades 5-7

11:00 a.m. - 12:00 p.m.

Northside Rec Area ** \$40

** "GAME DAY" **

MRVED "Game Day" will consist of playing teams from Montevideo, Dawson and Lac qui Parle on a given date and time.

When the schedule is set, an email will be sent to those registered for morning ball with information. There is no charge to participate but you MUST pre-register on-line or in the Community Education office.

Registration in morning ball does NOT automatically sign you up for Game Day. This is a separate event.





Preschool T-Ball

We would LOVE to offer preschool t-ball again this summer but we need someone to head it up! If you can help us out, please reach out to Shelly at Benson Community Education.

320-843-4545
svergin@benson.k12.mn.us

Elementary Travel Softball and Baseball Current Grades 3-6

Information was emailed in April to all eligible students.

Games are June - mid July

Fee: \$50 for travel ball; \$70 for travel and morning ball

Registrations MAY still be accepted. Call Benson Community Education at 320-843-4545.

Jr & Sr High Summer Softball and Baseball

Girls: 14U or 18U fast-pitch team in the Morris League, please contact Coach Dokkebakken. Most games will be held on Tuesday nights.

Boys: boys in current grades 7-12 interested playing summer ball are to let Coach Foley know.

UMPS NEEDED!

We are in need of umps for: elementary softball games elementary baseball games

Call Community Ed at 320-843-4545



Track & Field

Track & Field; Gr. 3-6 (Fall '24)

Practices will develop the skills of track and field. Everything from running to high jump, relays to long jump and other field events.

Athletes do not need track cleats but will need tennis shoes and athletic shorts to participate.

June 3-4 and 10-11
Mondays & Tuesday (4 Sessions)
4:00 - 5:00 p.m.
Benson High School Track
\$25 - - Includes a t-shirt
Instructors: Chad Carroll & Samantha VanHeuveln

Registration information for ALL programs

Pre-registration is necessary for nearly all of our activities and classes at least 3 days prior to the start of the class or activity. Registration is complete only after the fee has been received in the Community Education office.

A full refund will be made if you contact the Community Education Office prior to the registration deadline or first day of class. Fees are not refundable any time after.

Please pick your child up ON TIME from all activities!

Our supervisor's, instructor's and volunteer's time is important and they can't leave until all kids have been picked up. Tardiness may result in a discontinuation of your child's ability to participate in activities.

Tennis

<u>Jon Koenigs Tennis Camp; Gr. 5-12</u> (Fall '24) Boys and Girls

Jon Koenigs is a former Benson graduate and current Head Tennis Professional at PublicIndoorTennis.com in the Minneapolis metro area. Jon is USPTA High Performance Certified and has a PTR 1 Certification. Jon is proud to come back to Benson and put on this tennis camp. "This camp is about renewing relationships with the kids, having fun, and learning the sport of a lifetime. There will be water balloons too." All campers will receive video analysis of their serve.

Monday-Wednesday: June 24-26 (3 sessions) Grades 9-12: 9:00 a.m. - 12:00 p.m. * Cost: \$125 Grades 5-8: 11:30 a.m. - 2:00 p.m. * Cost: \$95

Jon will also be at the courts from 5 p.m. until sundown for any campers who would like to work with the ball machine these 3 days.

<u>Team Tennis Open Court; Gr. 7-12</u> (Fall '24) Boys and Girls

7th-8th Grade: This program is strongly recommended for any players wishing to join the junior high tennis program in the fall or spring. Focus will be placed on the fundamentals of groundstrokes and serving. Players will spend time with drills and fun games to develop their skills and prepare them for JH/JV play.

9th-12th Grade: This program is strongly recommended for any players wishing to play in the fall or spring seasons. Players will improve their skills and prepare for the season through drills and match play.

Monday & Wednesday: June 10-Aug. 7 will not meet July 1, 3 Grades 7-8: 5:00 - 6:00 p.m. Grades 9-12: 6:00 - 8:00 p.m. BHS Tennis Courts; \$30

Instructor: Brock Duncan

Elementary Tennis; Gr. 3-6 (Fall '24) Boys and Girls

For ALL students wishing to learn the game of tennis! Beginners and intermediate players are encouraged to come to learn the fundamentals of holding a racquet, groundstrokes, serving, and scoring. Racquets will be provided for those who need one. Focus will be on having fun on the courts and introducing the game of a lifetime.

Monday-Thursday: July 15 - 18 (4 sessions) Grades 3-4: 10:00 - 11:00 a.m. Grades 5-6: 11:00 a.m. - 12:00 p.m. BHS Tennis Courts; \$30

Instructor: Brock Duncan & BKMS Players

Girls Team Tennis Camp; Gr. 9-12 (Fall '24)

This two-day camp is designed for Girls' JV and Varsity players. Players are encouraged to come work with tennis teaching professional Jon Koenigs to tune up their game before the fall season starts!

Thursday, August 8: 9:00 a.m.-12:00 p.m. & 1:00-3:00 p.m. Friday, August 9: 9:00 a.m.-12:00 p.m. BHS Tennis Courts; \$95



2024 Children's Theater **Big Foot The Musical** Grades 1-12 (fall '24) July 15 - 19



More information to come!!

Yoga, Sound, Music

Ages 4-5

Wednesdays: July 10, 17, 24, 31

3:00-3:45 p.m.

NS Elementary Music Room

Each class include a story, yoga, singing, rhythm instruments, and other activities. Characters from the Music for Little Mozart's curriculum will teach about different types of sounds.

\$40.00

Instructor: Jill Fugleberg Class min: 4, Class max: 8

Yoga, Rhythm, Music

Ages 5-6

Wednesdays: July 10, 17, 24, 31

4:00-4:45 p.m.

NS Elementary Music Room

Each class include a story, yoga, singing, rhythm instruments, and other activities. Characters from the Music for Little Mozart's curriculum will teach about different rhythym patterns.

\$40.00

Instructor: Jill Fugleberg Class min: 4, Class max: 8

Drivers Education

This class fulfills the mandatory 30 hours of classroom instruction. Classroom work can be done prior to being 15 years of age, but students must be 15 years of age to take the permit test.

After passing the permit, arrangements for Behind the Wheel (requirement is six hours) will be made. Students must have their permit for a full 6 months before taking their license test according to state law.

Next class will be held October-November.

May 22-24, May 28-31, June 3-7 (12 sessions) Section A: 7:30 -10:00 a.m. Section B: 10:00 a.m. - 12:30 p.m. **Benson HS** Roger Lindahl & Mark Grussing; \$350

*minimum deposit of \$150 due at registration

2024 Kids Fishing Clinic

Boys and girls are invited to join TJ Essig along with Professional Bass Fisherman Trey Fails for a morning of fishing fun! Topics may include fish ID, knot tying, helpful tips and question and answer session with Trey.

Bait is provided but students are encouraged to bring their own gear if they have it. Please limit it to 1 rod & reel and a small tackle box. Parents/Grandparents are welcome to attend as chaperones as well!

Drawings for prizes including fishing gear and the grand prize of a 1 day all-inclusive guided fishing trip for up to 4 on the Lake of the Woods with TJ Huerd.

Grades 4+; Starbuck Marina Friday, June 21 * 9:00 - 11:30 a.m. (bus leaves at 8:30 and returns about noon) \$20

Pillow Sewing Class

you'll make a removable pillow case to you'll make 2 hot pad holders. These go on an 18" pillow.



All supplies (including sewing machine) will be provided.

Grades 3+ (Fall '24)

Monday, July 22

9:00-10:00; 10:00-11:00 OR 11:00-12:00

\$18.00

Benson High School Library Instructor: Shelly Vergin Class max: 10

Hot Pad Sewing Class

Come sew with Shelly! In this class Come sew with Shelly! In this class are heat resistant and can be used in vour kitchen!

> All supplies (including sewing machine) will be provided.

Grades 3+ (Fall '24)

Tuesday, July 23

9:00-10:00; 10:00-11:00 OR 11:00-12:00

\$12.00

Benson High School Library Instructor: Shelly Vergin Class max: 10

Barbie Sleeping Bag Sewing Class

Come sew with Shelly! In this class you'll make 2 Barbie Sleeping Bags.

All supplies (including sewing machine) will be provided.



Grades 3+ (Fall '24)

Thursday, July 25 9:00-10:00; 10:00-11:00 OR 11:00-12:00

\$10.00

Benson High School Library Instructor: Shelly Vergin Class max: 10

Swift County 4-H Presents.... Summer Adventures! Grades 1-8 (fall '24)

Swift County 4-H is partnering with Benson Community Education to host enrichment opportunities for youth to learn about a new topic, build connections with others, and experience 4-H!

These adventures are open to all youth going into grades 1-8. Older youth and teens are invited to attend as 4-H helpers!

All adventures will be held in the Benson High School Library. Adventures are **FREE** but **pre-registration** is **required** as spots are limited to 20.

Thursday, July 11 * 1:00-3:00 p.m.

Wilderness Trackers

Tracks, scant and all that! Learn about wildlife in their natural habitats.

Tuesday, July 16 * 9:00-11:00 a.m.

Mad Science Lab

Messy and fun science experiments for kids!

Thursday, July 25 * 1:00-3:00 p.m.

Nailed It!

Be prepared to find joy in failure as participants will be tasked to recreate an item-it just may not be as easy as it looks!

Tuesday, July 30 * 9:00-11:00 a.m.

Chocolate Welding

A deliciously educational workshop where kids will learn the basics of welding using chocolate!

COUNTY FAIR OPPORTUNITY When you register to participate in these Summer Adventures, we consider you a 4-Her! That means you can exhibit the projects you make on these days at the Swift County Fair, contact us at mnext-swift@umn.edu to learn more and find out how!

First Aid / CPR / AED

We have partnered with the Swift County Benson Hospital for Heartsaver CPR/AED/First Aid. This is a classroom, videobased, instructor led course that teaches students critical skills needed to respond to and manage a first aid, choking, or sudden cardiac arrest emergency.

Upon successful completion students will receive an **American Heart Association** course completion card, <u>valid</u> for 2 years.

Next class will be held on Monday, August 5
3:00 p.m. at Benson High School

Cost: FA/CPR - \$30; Just FA or CPR - \$20 Instructor: Cindy Carruth

Dog Training

New class offering for students (Gr. 3+) and Adults! Stef Overlie and Larissa Overlie will be offering Dog Agility and Obedience Training. Owners will need to provide proof of rabies vaccination.

Obedience will be basic commands such as sit, stay, heel, and down. Agility will be a basic agility course including jumps, tunnel, and dog table.

Classes will be held on Monday nights from 6:30-8:00 p.m. Location is to be determined based on the number of people registered for the class.

These will be offered on a monthly basis at \$50 a month. You may sign up for 1 month or all 3 months! You can register for these online (under Enchriment) at: **benson.revtrak.net/RW-community-education/** or by calling Community Education at **843-4545**

June 3-24 * July 8-29 * August 5-26 \$50/Month 3rd Grade-Adult Instructors: Stef Overlie and Larissa Overlie

Instant Piano and Guitar for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. These crash courses are done in the comfort of your home over zoom and include an online book and follow-up video lessons. You will be able to continue your practice and study on your own.

Both classes are open to adults and students ages 13 and older. Instructor is Craig Coffman from *Chords Are Key*.

You can register for these online (under adult/senior) at: benson.revtrak.net/RW-community-education/ or by calling Community Education at 320-843-4545

<u>Piano</u> is partly lecture/demonstration and partly hands on instruction. Topics include:

*How chords work in a song

* How to form the three main types of chords

*How to handle different keys and time signatures

* How to avoid "counting"

*How to simplify over 12,000 complex chords

Tuesday, June 4 from 6:30-9:00 p.m.

<u>Guitar</u> is a crash course that will teach you some basic chords to get you playing along with your favorite songs right away. Topics include:

\$59.00

* How chords work in a song

*How to form the three main types of chords

* How to tune your guitar

*Basic strumming patterns

*How to play along with simple tunes

Wednesday, June 5 from 6:30-9:00 p.m.

\$59.00



Early Childhood



EARLY CHILDHOOD CENSUS

BE COUNTED! It is very important that all residents of ISD #777, even babies, be included on the school census. If you or someone you know recently had an addition to the family, or have moved into the school district, call 320-842-2723.

Family ECFE events held this summer! All classes will be held at the Early Learning Center at Northside Elementary. **Cost of each class is \$5.** All classes are open to all children **birth-age 5** unless noted. There will be activities for all ages! Pre-registration is required.

Family Adventures

Join us in a family adventure of fun where you will participate in games, activities, and gear up for summer fun!

Monday, June 3 * 5:00 - 6:00 p.m.

Explore the 5 Senses

Come and explore your senses with a variety of stations that will allow you to hear, touch, see, smell, and even taste the fun of the world around you!

Monday, June 17 * 4:00 - 5:00 p.m.

Let's Make Art

We will have multiple art stations, including creating a fun t-shirt (please bring a t-shirt), bubble art, and trying out a variety of additional tools!

Monday, July 1 * 4:00 - 5:00 p.m.

End of Summer Party

Join us for one last summer bash! There will be games, activities and music for the whole family to enjoy as we wind down the summer!

Monday, August 5 * 5:30 - 6:30 p.m.
This will be held offsite
at a location TBD

Sensory Exploration

Have you ever wondered what shaving cream feels like between your toes or jello between your fingers? Come and join us for a variety of sensory experiences to explore!

Monday, July 15 * 4:00 - 5:00 p.m.

Back to School Fun

Does your little one ever wonder where their older sibling goes? Now they can find out! Bring your littles to tour the elementary school, check out different school bus transportation, and create a variety of back to school crafts.

Monday, August 19 * 5:00 - 6:00 p.m.

<u>Get Ready for Childcare</u> (<u>Infant class</u>)

Bring your baby for some fun music and activites. You will also learn what you can do to help you and your baby prepare for entering childcare to make it successful for everyone.

Monday, August 5 4:00 - 5:00 p.m. Get your preschooler ready for their next step! All classes held in the Early Learning Center at Northside. Preregistration is required.

TOT LOT

This class is for children who will be 4 years old on or before September 1.

This program will focus on planned learning activities such as: story time, art, music, and introduction to inclusive sports and play.

May 28-May 31 and June 3-6 8 Sessions 8:30 - 10:30 a.m. Cost: \$25

READY, SET, GO!

This class is for children who will be 5 years old on or before Sept. 1.

Emphasis will be on listening skills, creative thinking, STEM activities, and introduction to Youth Athletes, a sport and play program designed to focus on gross motor development and social emotional skills.

May 28-31, June 3-6, and June 10-13 12 Sessions 10:30 a.m. - 12:30 p.m. Cost: \$30

Preschool Options for Fall 2024

It's time to start thinking about plans for your preschooler for the fall!

Registration is open here: benson.revtrak.net/RW-Community-Education/

4 Year-Old Preschool (VPK)

Full day class options for children who will be 4 on or before September 1st and completely potty trained. Pre-registration is open. Classes will be created based on parent interest. Parents will be notified in May of their class placement.

- *3 days a week: M/W/F OR T/Th/F; free of charge
- *4 days a week: M-Th; \$160 a month Pathway scholarships are available for families that qualify.
- *5 day a week: M-F; \$200 per month. Pathway scholarships are available for families that qualify.

3 Year-Old School Readiness

Half day program for children who will be 3 on or before September 1st and are *fully potty-trained*. Classes are 2 days a week: T/Th at \$75 a month. Pathway scholarships are available for families that qualify.

Discovery Kids

WHAT IS DISCOVERY KIDS?

Discovery Kids is an early learning child care center offered through Benson Public Schools. We accept children 6 weeks through 12 years of age. Our mission is to provide childcare where children can learn and grow physically, emotionally, intellectually, and socially.

Location: Early Childhood Center, Northside Elementary

Hours: 6:30 a.m. - 5:30 p.m. Monday-Friday

Financial Assistance available through:

- Swift County Human Service (child care assistance)
- Parent Aware (Pathway)
 - Teaching Strategies Curriculum and Assessment that encourages cognitive, language, social, and emotional development
 - · Secured building
 - Daily activities and schedule
 - Open every week day with extended hours
 - Incorporating our learning with the use of Smartboard
 - Daily outings and gym time



We are a 4-star rated program with the MN Department of Education!

How do we sign up?

Parent Handbooks & Registration Forms are available on-line at

www.benson.k12.mn.us/discovery-kids

You may also contact Discovery Kids at 320-842-2723 for paperwork.

A \$20 registration fee is due at initial registration time.

Your child must be registered before attending Discovery Kids.



We provide transportation to and from Summer Rec activities!



Discovery Kids is Hiring!!!

Monday-Friday
varied shifts available from 6:30 a.m. - 5:30 p.m.
benefits include:
vacation time, sick time, PERA (state) retirement,
\$500 towards insurance (Teachers & Assistant Teachers)
No nights and no weekends!

Full Time - Part Time - Summer



For more information or to apply:
Carissa McDonald
320-842-2723
discoverykids@benson.k12.mn.us

Teacher (must have college credits): \$16.84/hour
Assistant Teacher (must have college credits): \$15.79/hour
Aide (must be 18 years or older): \$14.42/hour
Aide (high school): \$11.00/hour

Benson Public Schools is an equal opportunity employer.

School Age and Preschool Summer Program Provides:

- snacks served twice daily
- close to summer rec activities
- field trips & outings to the parks
- experienced, excellent staff
- flexible scheduling
- gym time
- outdoor play
- learning time at the Library
- daily activities
- pool time
- indoor play
- crafts





JOIN US AT THE POOL THIS SUMMER!!

AM Lap Swim

Gives you the opportunity to plan a regular program of physical fitness.

June 3 - August 16 Monday, Wednesday, Friday 6:30 - 7:30 a.m.

\$3.00 per day; pool passes honored

AM Aqua Aerobics

Emphasizes muscle tonement through various exercises in the water.

June 10 - August 16 Monday, Wednesday, Friday 6:30 - 7:30 a.m. see below for fee structure

Noon Swimnastics

Emphasizes muscle tonement through various exercises in the water.

June 11 - August 15 Monday, Tuesday, Thursday 12:00 - 12:45 p.m.

Fee structure for Aqua Aerobics and Swimnastics: Pool passes are NOT honored. You can pay \$3 a time, purchase a 15 punch card for \$40 or pay \$60 for the full class fee.

Family Night Swim

Tuesday, Thursday, Sunday

The pool will be open for Family Swim on Tuesday, Thursday & Sunday evenings from 6-8 p.m. Families must consist of at least two people. Students 17 and under must be accompanied by an adult to be eligible for admission. Admission is half price of daily admission.

Aquatic Center Rentals

Cost: \$138.94 / hour (tax inc.)

The pool is available for any group, special gathering, etc. from 9:30 a.m.-12:30 p.m. on Saturdays and Sundays. We invite you to make use of our facility for social or recreational events. For rentals, contact the manager on duty at the outdoor swimming pool 320-843-2075. Call between 1-6 p.m.

Party Room for Rent

Cost: \$30.00/hour (max 2 hours)

Great for birthday parties, meetings, athletic team functions, etc. For rental information and booking, please contact the manager on duty at the outdoor swimming pool 320-843-2075 between 1-6 p.m. No outside food is allowed to be brought in.

Pass Forms

All pass and punch cards are available for purchase with cash/check at the Benson City Office and the pool.

In order to promote strong, independent swimmers, Personal Flotation Devices ARE NOT allowed during Open Swim. They are allowed during Family Swim.

No outside food or beverages allowed in the pool area.

We are a SMOKE FREE facility!

The opening date on the pool will be weather permitting. Watch the City of Benson website and facebook pages for updates.

Private Swim Lessons

These lessons are 1-on-1 instruction. Registration for private swimming lessons can be done online.

Private swim lessons are offered on a very limited space basis and are not guaranteed. We will do our best to honor all private requests. If we cannot get your child's lesson in, we will cancel and refund your money.

To be sure your child receives swimming lessons this summer, please try to schedule your child in a regular-scheduled class.

Thank you for your understanding.

Fee: \$70 for 5 half hour sessions

The pool will close at 5:00 p.m. on the following dates: June 14 (Benson Band Festival Parade) and July 4.

A.M. Fitness Swim (M, W, F) 6:30-7:30 a.m.

Swim Lessons (M-F; 3 Sessions) 9:00-12:45 p.m.

Swimnastics Class (M, T, Th) 12:00-12:45 p.m.

Open Swim

1:00-8:00 p.m. (M, W, F, Sat) 1:00-6:00 p.m. (T, Th, Sun)

Family Night Swim 6:00-8:00 p.m. (T, Th, Sun) Half Price Admission

FEES

Daily Admission:

Adults (18 & up) - \$6.00 Teens (13-17) - \$5.00 Children (12 & under) - \$4.00 AM Swim \$3.00 PM Swim \$3.00

PUNCH TICKETS:

Adult Punch Ticket (18 & up) 10 Punches - \$50.00

Teen Punch Ticket (13-17) 10 Punches - \$42.00

Child Punch Ticket (12 & under) 10 Punches - \$30.00

SEASON PASSES:

Individual:

City of Benson Resident \$105.00 Non-Resident \$130.00

Family:

City of Benson Resident \$145.00 Non-Resident \$180.00

Family Pass is limited to 5 immediate family members.

Additional Family Members: Resident \$25.00 / person Non-Resident \$35.00 / person

* Sales Tax is already included.



Swimming Lessons - \$40			
American Red Cross Classes	Session 1 (June 10-21) Mon-Fri/10 sessions	Session 2 (July 8-19) Mon-Fri/10 sessions	Session. 3 (July 22-Aug 2) Mon-Fri/10 sessions
Little Swimmer (Parent/Child) *1 week class (\$25.00)		12:15-12:45 Week of July 10 only	
Preschool Week 1 (Ages 3-5) *1st week of session only (\$25.00)	9:45-10:15; 12:15-12:45 Week of June 10 only	9:45-10:15; 12:15-12:45 Week of July 8 only	9:45-10:15; 12:15-12:45 Week of July 22 only
Preschool Week 2 (Ages 3-5) *2nd week of session only (\$25.00)	9:45-10:15; 12:15-12:45 Week of June 17 only	9:45-10:15; 12:15-12:45 Week of July 15 only	9:45-10:15; 12:15-12:45 Week of July 29 only
Level 1 (recommended ages 6+) Introduction to Water Skills	9:45-10:25, 10:30-11:10, 11:15-11:55	9:00-9:40, 9:45-10:25 10:30-11:10, 11:15-11:55	9:00-9:40, 9:45-10:25 10:30-11:10, 11:15-11:55
Level 2 Fundamental Skills	10:30-11:10 11:15-11:55	9:45-10:25, 10:30-11:10, 11:15-11:55	9:45-10:25, 10:30-11:10, 11:15-11:55
Level 3 Stroke Development	10:30-11:10 11:15-11:55	9:00-9:40, 9:45-10:25, 10:30-11:10	9:00-9:40, 10:30-11:10, 11:15-11:55
Level 4 Stroke Improvement	9:00-9:40	9:00-9:40 11:15-11:55	9:45-10:25 10:30-11:10
Level 5 Stroke Refinement	9:00-9:40	10:30-11:10	9:00-9:40
Level 6 Swimming & Skill Proficiency		9:00-9:40	

To determine where to place a child, read class descriptions. You will have to make the determination yourself. If in doubt, go with the lower level. Each student will be tested the first day of class to determine if he/she is in the correct level. Students may sign up for more than one session after June 23rd.

Little Swimmer

(Ages 6 months to 5 years)

Parent and Child Aquatics targets parents and their children ages 6 months to 5 years. The parents learn how to hold and support their child safely and appropriately while helping to increase their child's comfort level by emphasizing fun in the water. A foundation of basic skills will be built.

Preschool Levels 1 & 2 (Ages 3-5) Skills taught at this level include: water adjustment, breath control, floating, kicking and basic paddle strokes. Parents do not need to enter the water.

Level 1 (Intro to Water Skills)

Participants learn to enter and exit water; blow bubbles through mouth and nose, bobbing, open eyes under water, retrieve submerged objects; tread water; explore arm and hand movements.

Level 2 (Fundamental Skills)

Participants learn to enter/exit water; fully submerge & hold breath; front/ back floats; tread water; roll over from front to back; changing direction, finning arm actions.

Level 3 (Stroke Development)

Builds on skills in level 2 by providing additional guided practice in deeper water. Will also learn to jump into deep water; bobbing while moving toward safety; headfirst entries from side-sitting and kneeling positions; survival float, back float; tread water; flutter, scissor and breaststroke; kicks on front; front crawl; simple nonswimming assists.

Level 4 (Stroke Improvement)

Develops student's confidence in the strokes learned in Level 3. Participants learn headfirst entries from side in compact and stride positions, swim under water, feet first surface dive, survival swimming; front crawl and backstroke open turns; tread water; front and back crawl; backstroke, breaststroke, sidestroke and butterfly.

Level 5 (Stroke Refinement)

Participants learn to shallow-angle dive from side and glide into a front stroke; tuck and pike surface dives, submerge completely; front flip turns and backstroke flip turn while swimming; front and back crawl, backstroke, breaststroke, sidestroke and butterfly.

Level 6 (Skill Proficiency)

Objectives are to refine strokes so participants swim with more ease, efficiency, power and smoothness; as well as swim over a great distance.



Benson Area Community Education Independent School District #777 1400 Montana Avenue Benson, MN 56215-1246 http://www.benson.k12.mn.us (320) 843-4545 NON-PROFIT ORG. U.S. POSTAGE PAID BENSON, MN 56215 PERMIT NO. 83

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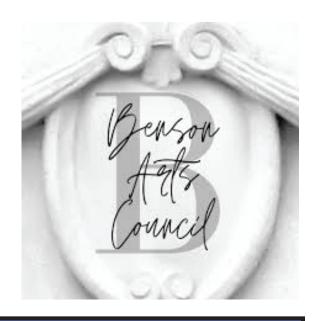
PERFORMING ARTS CENTER

To support future performances, all donations are greatly appreciated.

Checks payable to Benson Public Schools.

Please write "PAC concert series" in the memo.

Donations can be mailed to:
Benson Public Schools
Business Office
1400 Montana Avenue
Benson, MN 56215



Pioneerland Band Festival

Friday, June 14, 2024 * * * Benson, MN

Preparations are underway for the annual Pioneerland Band Festival. We believe this is a positive event for our community and realize its success depends on the help of many. The support shown by area businesses over the last 30 years has been critical to meeting the financial needs of the event. We would like to thank them and encourage their continued involvement in the parade.

PIONEERLAND BAND FESTIVAL CONTRIBUTORS

Red * \$1-\$99 **White** * \$100-\$299

Blue * \$300 and above



Please consider being a part of this important community event by contributing to its cause. Every little bit counts and is appreciated. THANK YOU!

Contribution Information

Checks payable to <u>Pioneerland Band Festival</u> and mail to: Pioneerland Band Festival, PO Box 133, Benson, MN 56215

Pioneerland Band Festival

Please accept our 2024 tax deductible donation of \$	
Name(s)	We wish to remain anonymous.